



Personalised risk assessment: Domestic and sexual violence, self-harm, and suicide: Agenda

29.01.26 | 10.00-12.30

Facilitation team	
Dr Leah Quinlivan (She/her)	Research Fellow and Chartered Psychologist, NIHR GM Patient Safety Research Collaboration, University of Manchester
Pea Meyer Higgins (They/them)	Relational care Co-lead (NELFT), CoC lead PAR partner, co-facilitator, and Safety Delivery Group member (Culture of Care Programme).
Dr Emma Nielsen (They/them)	Emma is a researcher. They are also autistic and have lived experience. Emma is a PAR collaborator and co-facilitator
Eloise Curtis	She is an Expert by Experience and an assessment and self-harm speaker/collaborator for PAR
Mark Farmer	National Lived Experience Advisor (Culture of Care Programme)
Jo Lomani	Consultant in lived experience leadership and co-production; Lived Experience Research and Evidence Lead; and Lived Experience Lead for Culture of Care within NHS England's National Mental Health Team
Kay Aldred (She/her)	Development lead at Neurodiverse Connection
Dr Philippa Greenfield	Consultant General Adult Psychiatrist (Camden and Islington NHS Trust), Trauma Informed Advisor
Julie Redmond	Lived Experience Professional and Trauma Informed Advisor
Tim Woodhouse	Suicide Prevention Programme Manager, Churchill Fellow (2023), NIHR Pre-Doctoral Fellow
Dr Pauline Turnbull (She/her)	NCISH Project Director & Academic Lead, University of Manchester

Aims and context

Content warning: This session will overview evidence and lived experience of trauma, domestic and sexual violence, self-harm and suicide. Discussing these difficult topics can help improve personalised approaches to risk assessment by given greater understanding of the research, lived experience, and clinical implications for assessments and interventions. However, they may bring up past experiences and be upsetting. We always have an open-door policy, and these events will be recorded. Please do take care of yourself as priority. You can leave for sections and come back, and/or mute any sections, and the chat function, as often as you wish.

Support and contacts

We will have a support space available throughout the session and afterwards. If you are in crisis or feeling distressed, please do seek help from your trusted personal and professional support network. We have included a list of contact numbers as part of the agenda.

Overview

Leah will chair the session. She will also provide general housekeeping. **Leah** will overview the importance of considering language, stigma, and trauma when sharing research, views, and experience. **Leah** and **Mark** will introduce the session.

Philippa and Julie will speak about the importance of ensuring our services are safe for those accessing them, and the importance of trauma informed services for survivors of domestic and sexual violence

Jo will share an overview of a lived experience-led report examining the potential harms associated with the 'personality disorder' construct for survivors of sexual violence and child abuse. Drawing on lived experience insight and survivor epistemology, Jo will reflect on how diagnostic frameworks and treatment pathways can shape people's identity, safety, and access to support. Their talk will also consider how the personality disorder label continues to be used in ways that disproportionately pathologise LGBTQ+ people, contributing to further stigma, marginalisation and barriers to care. Jo will highlight current tensions within the system and explore how co-produced, rights-based, non-diagnostic or trauma-specific approaches can support more equitable and affirming responses for those living with the aftermath of sexual violence.

Tim will speak about Real Time Suicide Surveillance statistics from Kent to understand more about the prevalence and nature of domestic violence, as well as hearing the words of domestic violence victims who attempted suicide, who share different reasons as to why the abuse led to their actions.

Pauline will speak about recent NCISH research on domestic violence and suicide in women under the care of mental health services in the UK, 2015-2021.

Kay will speak about the important Neurodiverse Connection (NDC) work on neurodivergence, Autism, domestic violence, grooming and coercive control. Kay will highlight resources from the NDC summit on Grooming and Coercive Control.

Emma, Pea, and Mark will reflect and share their thoughts on the session.

Pea, Mark, Leah, Eloise, and Emma will facilitate the chat, discussion and Q&A.

Time	Item
10.00-10.10	<p>Welcome and introductions (Leah Quinlivan and Mark Farmer)</p> <ul style="list-style-type: none"> Leah will welcome attendees. She will highlight the importance of safety and wellbeing. Leah and Emma will overview the importance of considering language, stigma, and trauma for self-harm and suicide throughout our discussions. Leah and Mark will introduce the session.
10.10-10.30	<p>The importance of Trauma informed approaches for self-harm and suicide assessments (Phillipa Greenfield and Julie Redmond)</p> <ul style="list-style-type: none"> Philippa and Julie will discuss the risks of repeat sexual and domestic violence in secondary care mental health services. They will talk about the importance of safe mental health services, and the importance of trauma informed approaches.

10.30-10.50	<p>New ways of supporting child abuse and sexual violence survivors (Jo Lomani)</p> <ul style="list-style-type: none"> Jo will share an overview of a lived experience-led report examining the potential harms associated with the 'personality disorder' construct for survivors of sexual violence and child abuse. Jo will explore how co-produced, rights-based, non-diagnostic or trauma-specific approaches can support more equitable and affirming responses for those living with the aftermath of sexual violence.
10.50-11.00	Break
11.00-11.20	<p>Domestic violence and suicide in women under the care of mental health services in the UK, 2015-2021 (Pauline Turnbull)</p> <ul style="list-style-type: none"> Pauline will overview NCISH research on domestic violence and suicide. This will include discussion of women who have experienced domestic violence and have died by suicide.
11.20-11.40	<p>Understanding Domestic Violence-Related Suicides: Prevalence, Nature, and Prevention Strategies (Tim Woodhouse)</p> <ul style="list-style-type: none"> Tim will overview the use of Real Time Surveillance statistics from Kent to understand more about domestic violence and suicide. This talk will also include research on the experiences of people who have attempted suicide after domestic violence.
11.40-12.00	<p>Neurodivergence, Domestic violence, grooming, & coercive control (Kay Aldred)</p> <ul style="list-style-type: none"> Kay will speak about the work of Neurodiverse Connection (NdC) on Autism, domestic violence, grooming and coercive control. Kay will overview resources from the NdC 'Grooming & Coercive Control Summit.'
12.00-12.10	<p>Lived experience leads: Summary, reflection (Pea, Emma, Mark, Eloise)</p> <ul style="list-style-type: none"> Pea, Emma, and Mark will share their views about implications for clinical practice for personalised risk assessment.
12.10-12.20	<p>Panel discussion and Q&A (facilitated by Leah, Emma, Pea, Eloise, Mark)</p> <ul style="list-style-type: none"> We welcome any questions for our speakers.
12.20-12.30	<p>Meeting close</p> <ul style="list-style-type: none"> Leah will close the meeting and provide an overview of the next learning and workshop events.
12.30	Close

Help in a crisis contacts

- [Samaritans](#)
Call 116 123 – 24 hours a day, 365 days a year
- Text “[SHOUT](#)” to 85258
Available 24/7
- [SANEline](#)
0300 304 7000 – 4.30pm-10.30pm, 365 days a year
- [Campaign Against Living Miserably \(CALM\)](#)
Call 0800 58 58 58 – 5pm-midnight, 365 days a year
- [Women’s Aid](#) – national domestic violence helpline
Call 0808 2000 247 – 24 hours a day, 7 days a week
- [Papyrus](#) HOPELineUK – for people under 35
Call 0800 068 41 41 – 10am-10pm weekdays, 2pm-10pm weekends, 2pm-5pm bank holidays
- [Childline](#) – for children and young people under 19
Call 0800 1111
- [The Silver Line](#) – for older people
0800 4 70 80 90 – 24 hours a day, 365 days a year
- [NHS 111](#)
Call 111 – 24 hours a day, 365 days a year
- [LGBT Foundation’s](#) Helpline
Call 0345 3 30 30 30 – 9am-9pm weekdays, 10am-6pm Saturday
- [No Panic](#) – for people who suffer from panic attacks, phobias, obsessive compulsive disorders and other related anxiety disorders
Call 0844 967 4848 – 10am-10pm, 365 days a year
- [BEAT](#) – support and information about eating disorders
0808 801 0677 – 3pm-10pm, 365 days a year
- [Alcoholics Anonymous](#)
0800 9177 650
- [GamCare](#) – free information, advice and support for anyone harmed by gambling Call 0808 8020 133 – 24 hours a day, 7 days a week
- [James’ Place](#) – a charity offering support to men in suicidal crisis at centres in Liverpool, London and Newcastle
Call 0151 303 5757 (James’ Place Liverpool), 020 3488 8404 (James’ Place London) or 0191 406 6000 (James’ Place Newcastle) 9.30am-5.30pm Monday-Friday (except Bank Holidays) or complete a [self-referral form](#)