



Culture of Care Personalised Approach to Risk (PAR) Workshop Agenda

29th July 2025, 10:00 – 12:00 | Online

Facilitation team

Emily Cannon, Head of Quality Improvement, NCCMH

Dr Leah Quinlivan, Research Fellow (NIHR GM PSRC, University of Manchester), and NCISH Risk Assessment Delivery Lead

Pea Meyer Higgins, Lived Experience Advisor for NHS England, PAR partner, co-facilitator, and Safety Delivery Group member (Culture of Care Programme)

Eloise Curtis, PAR lived experience partner and collaborator

Overview

Content warning: Throughout this session, we will discuss sensitive topics including self-harm, suicide, and experiences of healthcare services. Discussing these difficult topics can hopefully help improve personalised approaches to risk assessment. However, they may bring up past experiences and be upsetting. Please do take care of yourself as priority. We will have a support space available throughout the session, details of which will be shared when the workshop starts.

The aim of the workshop is to share learning and experiences across all organisations on the personalised approach to risk programme.

Time	Item
10:00-10.15	Welcome and housekeeping Emily will run through the agenda and housekeeping for today's session
10:15-10:45	Insights from Dorset's PAR View-Seeking Project Lisa and Simon will share learning and reflections from their project exploring the experiences of people and staff in acute mental health wards, and from staff from Retreats and psychiatric liaison. After Lisa and Simon's presentation, we will have time for questions. <i>Lisa Spriggs, Lived Experience Lead in Trauma Informed Approaches, Dorset HealthCare University NHS Foundation Trust</i> <i>Simon Putnam, Peer Lead for Acute and Advocacy, Dorset Mental Health Forum</i>

10:45 – 10:50	Break
10:55 – 11:55	Time for discussion Time on the agenda for open discussion. Please bring any questions you have for others, or advice you would like from others to the workshop.
11:55 – 12:00	Next steps and future events Emily will give details on upcoming PAR events
12.00	Close