



Culture of Care Peer Support Implementation Space: Meeting Chat Overview

Friday 13 March 2026, 14:00 – 16:00 | MS Teams

Desire to Continue the Peer Support Space

There was a recurring theme of sadness that the current series was ending.

Several participants asked whether:

- The meetings could continue.
- Membership could be expanded beyond the original Culture of Care and inpatient focus.
- A thematic approach could remain in future sessions.

Facilitators confirmed that future sessions will be happening quarterly and that they will take place on the following:

- Friday 26 June 2026, 2pm – 4pm
 - Friday 18 September 2026, 2pm – 4pm
 - Friday 11 December 2026, 2pm – 4pm
 - Friday 5 March 2027, 2pm – 4pm
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Reflections on Peer Leadership and Workforce Development

Participants discussed:

- The value of peer leadership at all levels, particularly its role in shaping positive cultural change.
- How leadership skills apply across peer roles, not only senior positions.
- Interest in tools and frameworks that support lived experience leadership.

A peer leadership reflection tool was shared, and participants expressed enthusiasm about:

- Piloting it in their teams.
- Using it to guide peer group discussions.
- Its visual layout and ease of navigation.

Sharing Resources and Opportunities

Throughout the chat, participants exchanged useful links, including:

- Peer leadership networks and their current projects.
- A whiteboard/reflection tool for peer leadership development.
- Information about an international event on the future of peer leadership taking place in June 2026.
- The Royal College of Psychiatrists' page hosting slides from previous sessions.
- A feedback form for the session.

There was interest in:

- Digital peer support.
- Service evaluations, including one from secure/forensic services.
- Bite-sized versions of the sessions to share within organisations.

Offers to Collaborate

One participant introduced an idea for:

- A Peer Educator / Peer Trainer Network, seeking other trusts who may want to connect peer educators.

Several attendees expressed enthusiasm and intent to email.

Others offered to:

- Share evaluation reports or research.
 - Contribute to future versions of the group.
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