Waltham Forest Central Mental Health and Wellness Team

North-East London NHS Foundation Trust



Change idea

Cleanse of the intake list to get an accurate number of patients waiting.

Predictions

- Cleansing the intake list will reduce the caseload and give the team a more accurate idea of how many patients are on the intake waiting list.
- Estimate that there are around 200 cases on the intake list that need closing (particularly for ASD, ADHD, IAPT).
- This will ensure patients are effectively flowing through the service and are appropriately discharged – rather than falling through the gaps.

What we are doing

- There will be two types of cleanse from mid-August to mid-October:
 - Admin cleanse: discharging patients where all actions have been completed.
 - Clinician cleanse: Identify where clinicians need to contact patients.
- 18th September SPA function will be taken on by the Central team. SPA team have until 17/10 to complete cleanse (SPA staff will then join other teams – North, South and Central).
- Clinicians assigned cases (20 per week) which is monitored weekly and discussed at MDT everyday – to see if clinicians need support to discharge patients. Clinicians given additional cases if can take on more.
- Patient that aren't engaged clinicians supported to follow DNA policy to discharge.

How we are measuring change

 Admin staff have been monitoring triage and intake lists weekly and regularly updating the team on position.

Learning so far

- New process works well if team stick to this a backlog should not develop (e.g. screening patients on the same day, triage within set time etc).
- Clinicians more confident to discharge patients due to senior support and clarity on DNA policy.

Next steps

- Follow process to ensure backlog doesn't develop.
- Continue looking at data to review intake list.
- Cascade knowledge within central team and continue supporting positive risk taking on discharge.
- Continue to share learning between North, South and Central teams.