



**RCPSYCH**  
Enjoying work

To enhance  
staff  
wellbeing  
and create  
joy in work



Trust



Safety



Relationships, teamwork  
and camaraderie

Recognition and feeling valued

Focus on wellbeing

Autonomy

Opportunity for growth and development

Physical safety

Environmental safety

Psychological safety

Space for individuality and creativity

Shared activities

Flexibility and choice

Shared goals, meaning and purpose

Communication

Adapting to different models of working

Day-to-day functions and systems