

For some minoritized ethnic communities:

- Assessment and referrals to IAPT are low
- IAPT outcomes are poor
- IAPT services are inaccessible.

Why?

The National Collaborating Centre for Mental Health (NCCMH) are seeking to understand the nature of the inequalities that exist in Increasing Access to Psychological Therapies (IAPT) services in England for people from minoritized ethnic communities to develop a set of recommendations for how services can **reduce these inequalities**.

To do this, the NCCMH are:

- Holding focus groups with **IAPT Therapists** and Service Users
- Issuing an online survey for **IAPT service leads**
- Issuing an online survey for **Commissioners of IAPT**

Interested in taking part?

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