

For some minoritised ethnic communities:

- assessment and referrals to IAPT are low
- IAPT outcomes are poor
- IAPT services are hard to access.

Why?

The National Collaborating Centre for Mental Health (NCCMH) are seeking to understand the nature of the inequalities that exist in Increasing Access to Psychological Therapies (IAPT) services in England for people from minoritised ethnic communities, to develop a set of recommendations for how services can **reduce these inequalities**.

As part of this work, the NCCMH are holding **online focus groups** with **IAPT therapists** practicing in England.

Focus groups will be held using Zoom or Microsoft Teams on:

- Monday 30 May 2022, 13:00-15:00
- Thursday 23 June 2022, 16:00 – 18:00

If you are a high- or low-intensity IAPT therapist practicing in England we'd like to hear from you.

Interested in taking part?

Email: Hazel.Webb@RCPsych.ac.uk

Visit our website for more information:

www.rcpsych.ac.uk/IAPT

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