

For some minoritised ethnic communities:

- assessment and referrals to IAPT are low
- IAPT outcomes are poor
- IAPT services are inaccessible.

**Why?**

The National Collaborating Centre for Mental Health (NCCMH) are seeking to understand the nature of the inequalities that exist in Increasing Access to Psychological Therapies (IAPT) services in England for people from minoritized ethnic communities, to develop a set of recommendations for how services can **reduce these inequalities**.

As part of this work, the NCCMH are holding online (paid) **focus groups** with **IAPT Service Users** in England.

Focus groups will be held using Zoom or Microsoft Teams on:

- Wednesday 15 June 2022, 13:00-15:00
- Wednesday 29 June 2022, 10:00-12:00

If you are an IAPT service user living in England, and from a black and/or minoritised ethnic community, we'd like to hear from you.

## Interested in taking part?

Email: [Hazel.Webb@RCPsych.ac.uk](mailto:Hazel.Webb@RCPsych.ac.uk)

Visit our website for more information:

[www.rcpsych.ac.uk/IAPT](http://www.rcpsych.ac.uk/IAPT)

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