

Quality Improvement in Tobacco Treatment (QuITT) Collaborative

Development Network Meeting 1
Monday 19th February 2024
14:00 – 15:00

Welcome!

Thank you for joining today's QuITT Development Network meeting. The event will start at 14:00.



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CENTRE FOR
MENTAL HEALTH

Introduction

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Senior Quality Improvement Advisor

National Collaborating Centre for Mental Health (NCCMH)



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Housekeeping

- We will be recording this session for the purposes of note taking only.
- Please mute your microphone/audio unless you are speaking.
- We encourage lots of questions! Please use the hand up function or the chat function within the meeting.
- If you can and feel comfortable to please feel free to put your camera on.
- If you experience any technical difficulties, please email quitt@rcpsych.ac.uk

NCCMH shared principles



Listen with respect and openness

We seek to value learning from different people and stay open to new ways of doing things.



Confidentiality

People may share something they wish to be kept confidential. We require everyone's agreement not to share anyone's information without their permission.



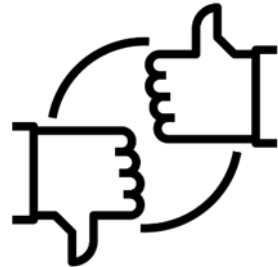
Collaborate

We seek to make decisions by consensus. Everyone's input is **equally** valued.



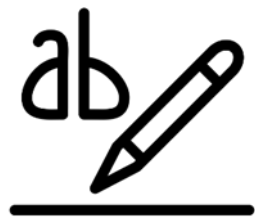
Contribute

We seek to share ideas, ask questions and contribute to discussions. We can also choose not participate at any stage.



Disagree with the point - not the person

We seek to resolve conflicts and tensions.



Use plain language

We seek first to understand, then to be understood. If possible, avoid using jargon and explain acronyms if they must be used.

Today's Network meeting

1. About QuITT and the Development Network

2. Funding

- Do you have any funding challenges that you are struggling to resolve and don't know where to seek advice or support?
- Do you have any funding successes that you think would be useful for other organisations to hear about?

3. Patient involvement and coproduction

Improving and sustaining patient involvement in the development and delivery of your tobacco dependence treatment services

4. What next ...

- What would be useful to talk about at future QuITT events, including the next in-person event and the next Development Network meeting?
- How can we most effectively share learning and resources from the network?

About QuITT and the Development Network

- Round 1 of the collaborative launched in November 2022, Round 2 launched January 2024
- 15 round 1 and 22 round 2 teams supported by NCCMH on their QuITT QI projects aiming to increase the proportion of patients on mental health wards, who smoke, who undertake meaningful tobacco treatment
- The QuITT Development Network is a new offer for R2 of the collaborative with its first meeting today!
- This facilitated peer network will provide resources, information and a learning community to mental health trusts who have not been able to start their own QuITT QI project but are still interested in improving their support to patients to stop smoking
- Its purpose is to support trusts that do not have an inpatient tobacco dependency treatment service in place yet, and to learn from trusts that have established their service
- The NCCMH can also draw upon other key contacts and stakeholders that can offer helpful advice in setting up your own service.

Ideas for involving patients and coproducing your services

- Focus groups on wards to ask patients their suggestions on what would help people with tobacco dependence when admitted
 - Or joining ward community meetings and other existing spaces
- Focus groups with former inpatients, and carers, through lived experience involvement service (or equivalent) within the Trust
- Asking individual patients for suggestions
- Asking staff for ideas on how to involve patients in improving the current provision for people with tobacco dependence.
- Asking people what information they would like to be available (leaflets, posters on wards etc)
- Asking people what NRT needs are not currently met
- Incorporating these questions to patients and carers into the discharge process.

Upcoming QuITT events

QuITT Learning Set (in-person)

Tuesday 26th March, 10:30 - 15:00

QuITT Workshop (virtual)

Tuesday 23rd April, 13:00 – 14:00

Development Network Meeting 2 (Virtual)

Thursday 16th May, 15:00 – 16:00