

QUALITY IMPROVEMENT IN TOBACCO TREATMENT (QUITT): ROUND 2

A national Quality Improvement (QI) collaborative which aims to increase the proportion of patients on inpatient mental health wards, who smoke, who undertake meaningful tobacco treatment.

The collaborative is run by the Royal College of Psychiatrists' National Collaborating Centre for Mental Health (NCCMH). It will be supported by our National Improvement Lead Dr Amar Shah, the Director of the NCCMH Tom Ayers, and a team of experienced QI coaches.

The QuITT programme will be delivered in two 12-month rounds. Registration for Round 2, launching in January 2024, is open now. The programme is funded by NHS England and there is **no fee to join**.

ELIGIBILITY CRITERIA

The QuITT Collaborative is open to NHS Mental Health Trusts and NHS funded providers of inpatient mental health services in England. In order to join Round 2 organisations will need to:

- 1) Have an inpatient tobacco dependency treatment service that is currently supporting inpatients, or the service is due to launch by January 23rd 2024.
- 2) Be submitting data monthly into the NHS Tobacco Dependency Dataset, or will be submitting this data by January 23rd 2024.
- 3) Attend quarterly learning events held **in-person** at the Royal College of Psychiatrists in London.

NOT ELIGIBLE?

If you don't meet these criteria but are still interested in improving your support to patients to stop smoking, you are invited to join the development network of our QuITT Collaborative. The purpose of the development network is to support trusts that do not have a service in place yet, and to learn from trusts that have established their service. The NCCMH can also draw upon key contacts/stakeholders that can offer helpful advice.

We envisage the network being delivered through quarterly online workshops.

You will also be invited to attend our in-person learning events and virtual workshops with our Round 1 and Round 2 teams to learn from teams across the country on the QuITT Collaborative.

WHO YOU NEED TO DO THE WORK

Project lead – to lead the work in the team and be the key point of liaison with your named QI coach from the NCCMH.

Senior sponsor – someone at executive or director level who has operational responsibility for the service and sufficient influence over the system to be able to unblock any barriers faced by the team. This type of work will require active leadership attention and curiosity.

Project team – a small QI project team should be established from your tobacco dependency treatment service and one to three inpatient wards. Your project team should include patients and staff from a range of clinical roles and grades.

Lived experience representation – it is important that each project team has representation from people with lived experience of mental health services and the inpatient environment and considers support they may need to participate as much as they want to, and payment for their time.

REQUIREMENTS

- Team(s) that are put forward to take part in Round 2 of the QuITT Collaborative have agreed to take part prior to registration for Round 2.
- Teams to attend the learning set meetings, which will be in-person in London .
- The project team should meet regularly throughout the project, ideally weekly or fortnightly at the start of your project – the QI coach will also attend these meetings.

Coaching in QI Methodology

Each Round 2 team will receive coaching support from a named QI coach from the NCCMH throughout the 12-month programme. This will include teaching and practical experience using the Model for Improvement, generating and testing change ideas and collecting and learning from data.

Learning community

Round 2 teams will join the QuITT learning community, attending online webinars, and learning sets in London, providing an opportunity to share and learn from other teams.

Tobacco Dependency Advisors (TDA) support

TDAs (and equivalent roles) will be invited to join a peer support network.

KEY DATES

Registration deadline:

Friday 13th October 2023 at 5pm

Learning Set dates:

- **Launch:** 23rd January 2024
- 26th March
- 11th June
- 10th September
- Final date in December TBC

REGISTRATION

To register, please complete the [online registration form](#).

For more information, and to see a list of organisations already registered, [visit our website](#).

CONTACT US

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