

Quality Improvement in Tobacco Treatment (QUITTT) Collaborative

Workshop 1 20th March 2023

Welcome!

Thank you for joining today's QuITT workshop.
The event will start at 14:00.



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COLLABORATING
CENTRE FOR
MENTAL HEALTH

Introduction

Matt Milarski (he/him)

Senior Quality Improvement Advisor

National Collaborating Centre for Mental Health



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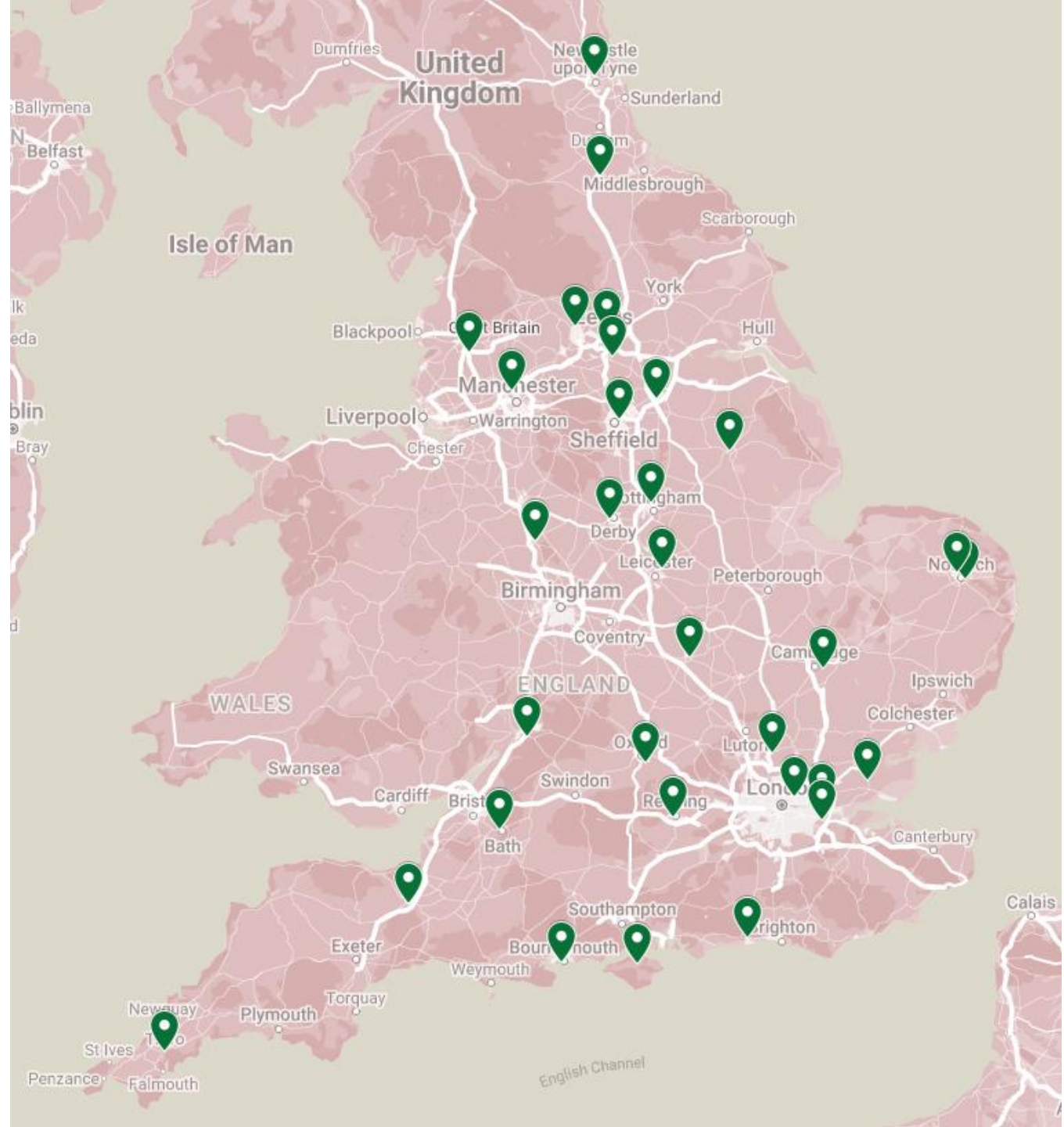
Housekeeping

- We will be recording this session for the purposes of note taking only.
- Please mute your microphone/audio unless you are speaking.
- We encourage lots of questions! Please use the hand up function or the chat function within the meeting.
- If you experience any technical difficulties, please email quitt@rcpsych.ac.uk.

About the QuITT collaborative

- A national quality improvement collaborative to **increase the proportion of patients on inpatient mental health wards, who smoke, who undertake meaningful tobacco treatment.**
- 18 NHS/other healthcare teams from England on Round 1 of the programme
- Led by NCCMH at the Royal College of Psychiatrists
- Tailored QI Coach support for each team; shared measurement; access to data, resources and guidance
- QuITT learning community to share ideas and learn from each other including at in-person learning sets and virtual workshops

Participating organisations



Why this matters?

- Tobacco dependency is a significant driver of health inequalities in people with severe mental illness (SMI), who are estimated to die between 15-20 years younger than the general population.
- There is very clear evidence of increased smoking rates and smoking-related harm among people with severe mental illness.
- Smoking is the most important modifiable risk factor that contributes towards the excess mortality in people with SMI.
- Estimated that 50% of deaths in people with severe mental illness are due to smoking.

Agenda

14:00 - 14:05	Welcome Matt Milarski <i>National Collaborating Centre for Mental Health (NCCMH)</i>
14:05 - 14:25	How we recruited a peer supporter with lived experience into our QuITT project team Claire Atkins and Lesley Colley <i>Tees, Esk and Wear Valleys NHS Foundation Trust</i>
14:25 - 14:40	Smokefree NHS Network Amy Murgatroyd and Olivia Bush <i>Action on Smoking and Health (ASH)</i>
14:40 - 14:55	Q&A: QuITT Collaborative Data Clementine Fitch Bunce, Matthew Milarski and Rosanna Bevan <i>National Collaborating Centre for Mental Health (NCCMH)</i>
14:55 - 15:00	Close Matt Milarski <i>National Collaborating Centre for Mental Health (NCCMH)</i>

How we recruited a peer supporter with lived experience into our QuITT project team

Claire Atkins and Lesley Colley

Tees, Esk and Wear Valleys NHS Foundation Trust



Smokefree NHS Network

Amy Murgatroyd and Olivia Bush
Action on Smoking and Health (ASH)



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Q&A: QuITT Collaborative Data

Clementine Fitch Bunce, Matthew Milarski and
Rosanna Bevan

National Collaborating Centre for Mental Health



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