

PM TO NIGHT SHIFT: INCREASED INCIDENTS



AM routine implemented with some success

PM routine more chilled out and relaxed atmosphere

Linked to boredom (between 20:00 and 22:00)

Dedicated staff led activities

Look at having an additional staff member to facilitate activities

RAID care plan - increase green behaviours with incentives & rewards

Look at end of shift routine - are staff burnt out after a long shift?

Involve patients in the evening routine

Have an 'open invitation' activity

Empower service users to arrange evening activities

Arrange out of hours activities