



LARK WARD

Presentation by
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INTRODUCTION TO LARK WARD

1. 10 bedded PICU unit.
2. Based at the Woodlands Centre, Ipswich Hospital.
3. Currently 7 staff members to 7 service users.
4. Full Multidisciplinary Team, including Occupational Therapy Staff, Art Therapist, Psychology Input, Psychiatry, Pharmacy Input and Nursing Staff.
5. Woodlands centre has 2 step down Acute wards for a clear pathway for treatment.

PDSA 1 – PRIORITISING THERAPEUTIC INTERVENTIONS

Aim

The aim of this intervention is to increase the availability and frequency of different therapeutic interventions on Lark Ward.

Overview/Notes

Following a project team meeting on the 16/01/2019 the group identified that more therapeutic interventions will be prioritised on Lark Ward. The type of interventions were discussed and recreational and recovery focused groups were identified, these included;

Gardening activities, psychological interventions (hearing voices groups), a construction toy group, music group, physical exercise group and other relevant activities as a response to service user population and interest.

Prediction

Following the successful acquisition of suggestions, therapeutic groups will be planned, organised and facilitated on Lark Ward.

PDSA 2 — SALTO WRIST BANDS FOR SERVICE USERS

Aim

To provide access to the corridor, toilet and individual bedroom environment.

Overview/Notes

Salto wristbands have been offered to provide service user access to their allocated bedroom and corridor areas. Specific staff members have been trained to activate the wristbands.

Prediction

Reduction of frustration and escalation which will reduce the incidents of restrictive intervention.

PDSA 3 – MORNING ROUTINE

Aim

To reduce incidents of restrictive interventions on the ward as a result of a positive experience in the morning for service users, including prescribed medication taken to patients' bedrooms, breakfast routines, physiological observations and enhanced awareness of nutritional needs.

Overview/Notes

Reduction in Restrictive Intervention incidents.

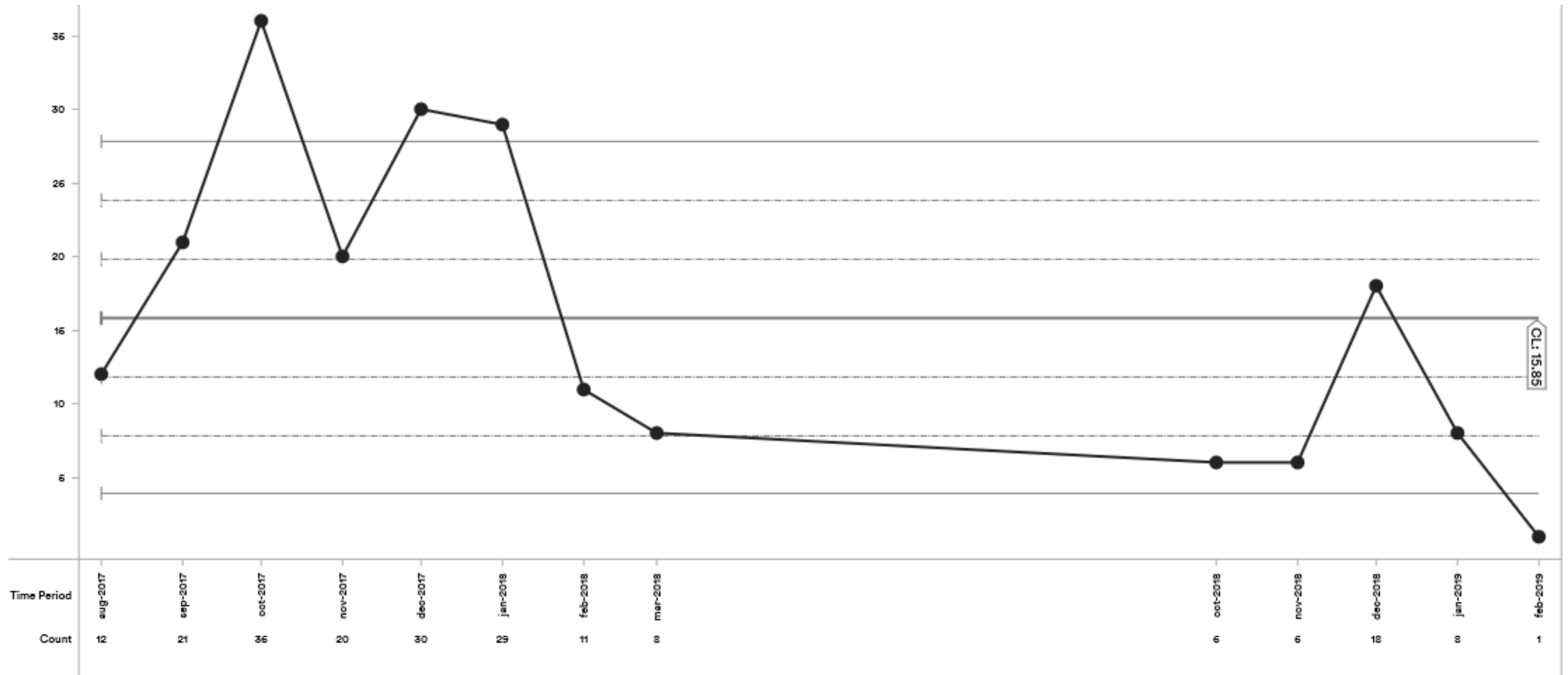
Prediction

Reduced incidents.

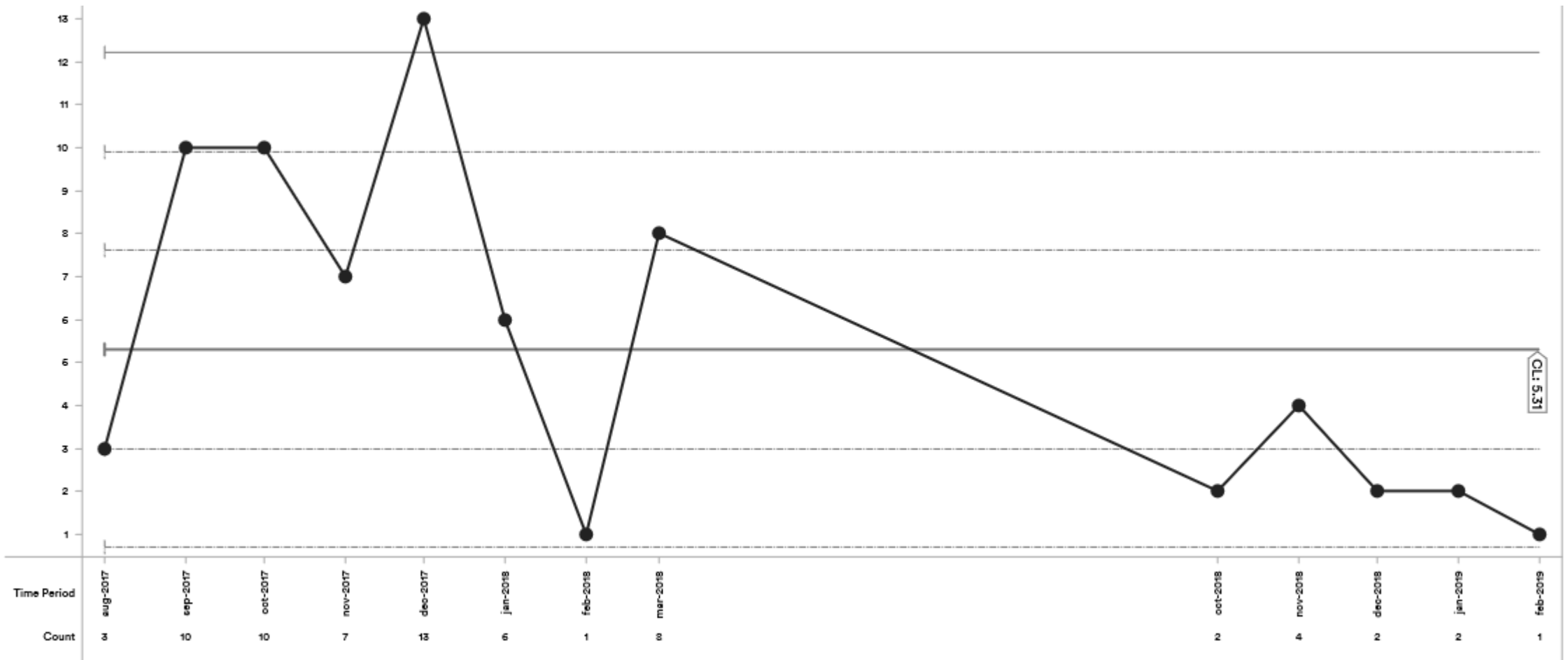
Increased compliance with regular prescribed medication, resulting in reduced PRN and RT medication

Improved patient experience.

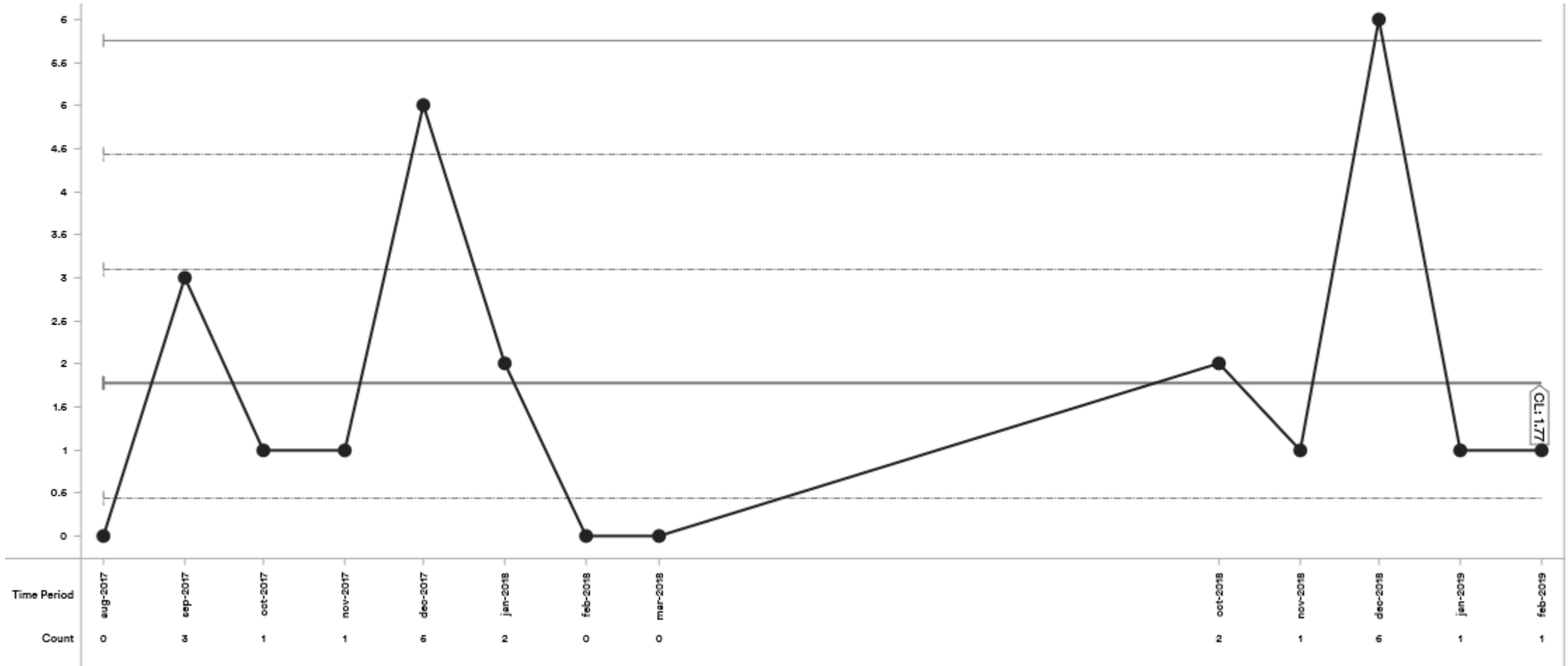
RUN CHART 1: PHYSICAL RESTRAINT



RUN CHART 2: USE OF SECLUSION



RUN CHART 3: RAPID TRANQUILISATION



WHAT ARE WE DOING NEXT?

1. Creating a therapy group/activity resource folder (with Occupational Therapy input).
2. Continuing to improve the morning routine, including; allocating a named staff member to support with facilitating leave or taking a drink to a service user's bedroom (possibly with medication).
3. Involving a peer support worker with the running of the ward and creating a more co-productive approach.

WHAT ARE WE
DOING NEXT?



TIPS FOR OTHER WARDS

1. Have regular meetings for the QI group (we currently have fortnightly meetings).
2. We have supernumerary time for staff members to complete tasks or research new ideas.
3. New staff members are invited to participate and contribute to the QI project on the ward.
4. Make Use of the Mutual Help meeting, this involves;
 - Round of thanks
 - Round of news
 - Round of suggestions
 - Round of requests and offers

SERVICE USER INVOLVEMENT

1. Share knowledge and experience about care and services.
2. Wake people up so that they can attend activity groups.
3. Play games with each other, such as cards or table football or discuss current affairs.
4. Share coping strategies, such as relaxation techniques.
5. Sitting next to someone at meal times.

HOW WE INVOLVE SERVICE USERS WITH RRP

1. We continue to involve the service users on Lark Ward by including them with the creation of the Personal Behaviour Support Plan (PBSP).
2. The PBSP includes the a section for Service User comments, this allows the individual to communicate their concerns and include strategies during period of distress.
3. Care Planning is an essential opportunity to communicate specific ways of supporting service users with managing their period of care on the ward (and during leave)
4. The Mutual Help meeting involves the service users on a daily basis with contributing ideas and planning activities for the day, this involves the service users as group.

THANK YOU

Any Questions?

