

TEAM AWAY DAYS

FACILITATING A DAY THAT ALL STAFF CAN ATTEND

Other wards help to staff wards that had away days

Split shifts in half

Involvement of Ward Co-ordinator

Buddy with another ward to cover

Two away days in two weeks so all staff can attend

Sister ward cover



TEAMS' TIPS FOR RUNNING AWAY DAYS

Have a meeting prior to the day to establish topics. Email to all staff to ask for feedback and prepare any questions they have

Share topics discussed and ideas with other wards

Psychologist-led team building

Include all levels of staff and all members of the MDT

Hold the away day off the ward

Managers arrange for external facilitators on the away day

Award an employee of the month

Split the day - AM Team building and PM discussions about the ward

Discuss staff sickness

Atmosphere to promote honesty and space to express frustrations