

## Change idea:

STAFF WILL UNDERSTAND & IMPLEMENT THE USE OF THE SAFETY CROSS TO MEASURE RESTRAINTS AND RAPID TRANQUILLISATION.

### Predictions

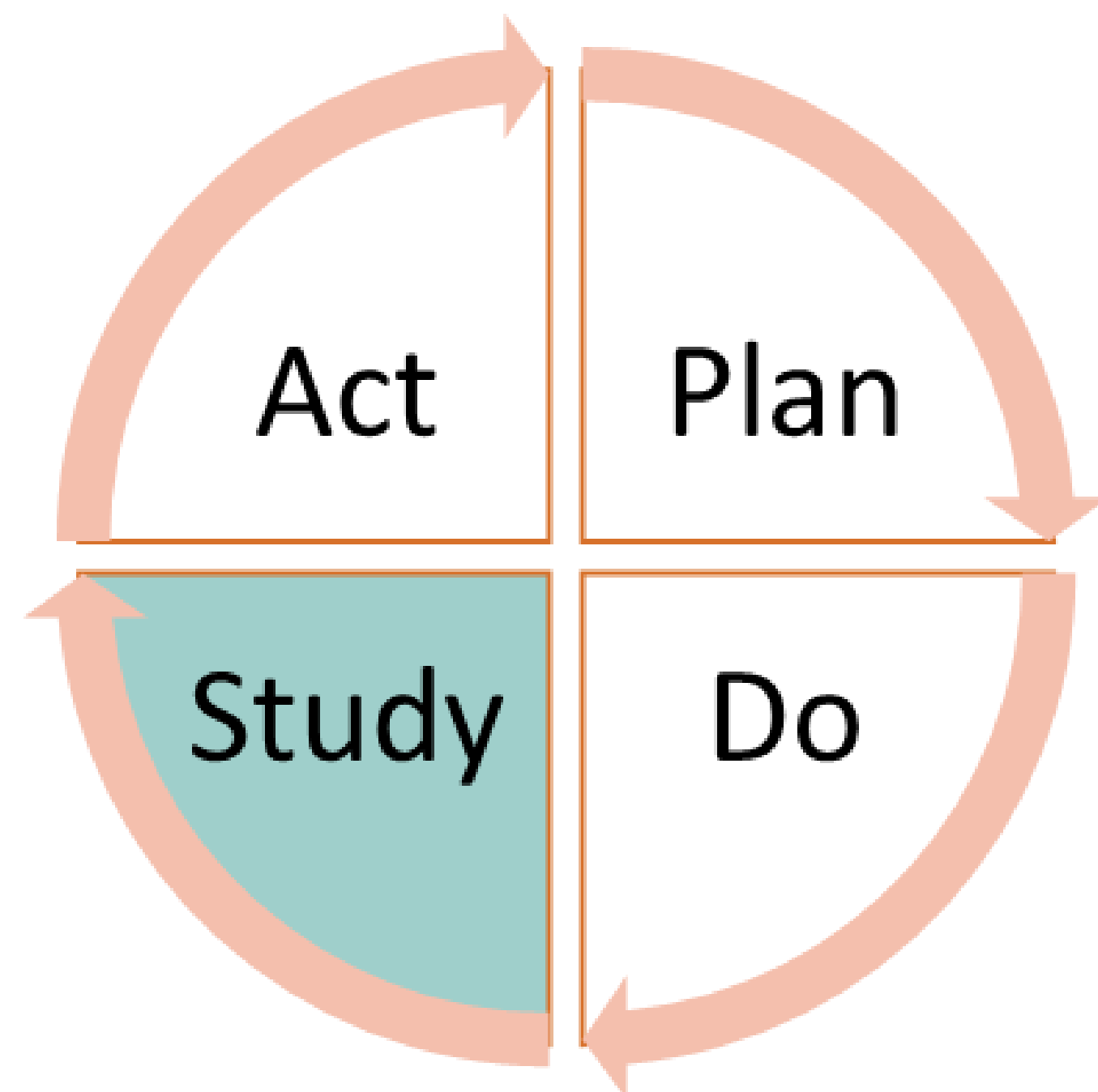
- Reducing Restrictive Practices on the Ward.
- Staff fully informed on how to use the safety cross.
- Staff will input data on the safety cross on a shift by shift basis.
- Data on the safety cross will be used to discuss learning from incidents.

### Plan

- The nurse in charge of each shift will record all rapid tranquilisation and restraint incidents on the safety cross.
- The safety cross will be displayed in the staff area.

### Do

- Staff are recording and collecting data on all restraints and rapid tranquillisation on the safety cross on every shift.
- Recruitment of activity coordinator with increase in activities.



### Study

- Activity coordinator has a weekly schedule of activities.
- Patients have fed back that they feel less bored on the ward. They enjoy the different activities, especially those off the ward.
- Data collected on the safety cross reflect a reduction in incidents.

### Act

- Safety cross will also be displayed in the patient area to enhance patient involvement.
- Safety cross and ward activities will also be discussed in the weekly community meetings.

## All teach, all learn

- What learning can you share with the collaborative about this test of change?
- What have you achieved/are you working towards achieving?
- What does this mean for staff and service users?
- What questions do you have for your next steps?

