



## Change idea:

*Patient-led safety huddles - NIC and patient to co-chair meeting to create ideas for keeping the ward feeling safe - commenced December 2018*

### Predictions

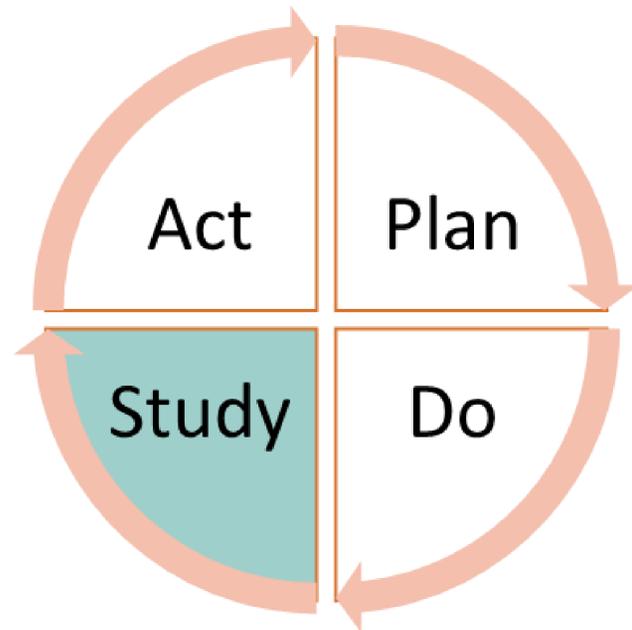
- The patient huddle should inform the PM staff huddle which will support in creating clear management plans for the day.
- It will create a community feel on the ward which we anticipate would reduce the use of restrictive interventions.

### Plan

- NIC and patient to co-chair before PM Staff huddle each day.
- To ask if the ward feels safe, and how we can make it feel safer or keep it feeling safe.
- Actions to be taken to staff huddle

### Do

- Difficult to embed into ward practice, the quality differed depending on who was chairing it.
- We measured when it occurred on the time chart.
- It gave patients a sense of responsibility and empowerment.



### Study

- The patient-led safety huddle made patients feel included, it also gave them the opportunity to lead on meetings about the ward which made them feel valued.
- Some of the suggestions have supported us to create better management plans, but also give us a patient perspective on how our actions/interventions affect the ward atmosphere.

### Act

- Created a cheat sheet for chairs.
- Gave it a specific time of 1.30pm, to ensure consistency.
- WM observed to ensure quality of meeting
- Training B2 & B4 to facilitate.

## All teach, all learn

- It allows us to create a safer environment but also empowers patients to make decisions about the ward.
- We are working towards patient-led huddles occurring each day (we are almost there).
- People feel listened to and it creates a sense of community.
- We have had a reduction in qualified staff - so we are training our CSW's to facilitate patient-led huddles and staff huddles.

