

Change idea:

Protected breakfast group

Predictions

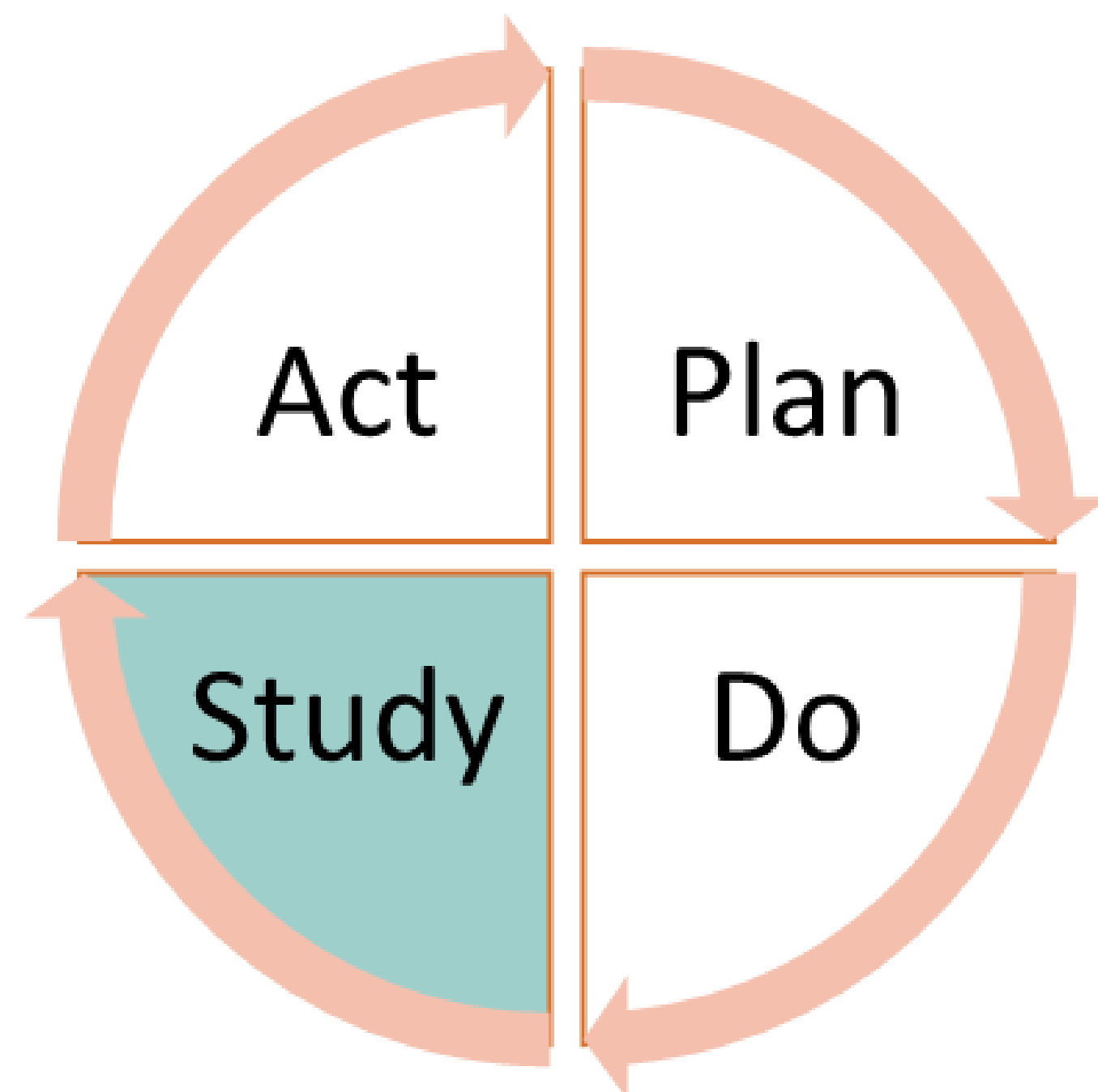
- Mornings were identified as a challenging time for patients.
- Having protected time for breakfast will decrease levels of agitation and incidents in the morning.

Plan

- Staff will have protected time between 08:45 – 09:00 Monday to Friday in which they will participate in the breakfast group.
- Other wards made aware so they do not disrupt.

Do

- There was a clear reduction in incidents during the morning.
- We collected feedback from patients and staff.



Study

- Feedback from service users is that they feel it is a great place to plan the day and feel it makes the staff appear more 'normal'
- Staff feedback has been positive, they feel that it allows them to spend time with the patients without distraction, allows time to plan the day with the patients

Act

- We are going to continue with the group as it means everyone starts the day right with breakfast!

All teach, all learn

Feedback from a service user on the breakfast group:

“In 40 years I have never had breakfast with anyone, this is the first time I’ve sat down with other people and it’s such a wonderful thing to do”

