

Stewart Ward, Bluebird House

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OUR VALUES



Bluebird House



- 🌈 A 10 bed, mixed medium secure forensic CAMHS unit.
- 🌈 We currently have 8 patients.
- 🌈 We have a structured day, full school, OT, psychology and psychiatry access.

OUR VALUES



Patients & people first



Partnership



Respect

Why we have incidents?

- Our patients have difficulty expressing and regulating their emotions.
- Our patients find it difficult to communicate their needs.
- Secure services are by nature restrictive.

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Respect

Meet the Team

NHS

Southern Health
NHS Foundation Trust



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Respect

Some of our Changes

- 🌀 We have started a suggestion tree for patients and staff.
- 🌀 We run HCSW Change Forums
- 🌀 We have improved our induction training.
- 🌀 We have improved our 2 week induction to the ward
- 🌀 We have reduced the Rapid tranquilization prescribing.
- 🌀 We have moved away from blanket restrictions.
- 🌀 We have moved handovers off the ward
- 🌀 We regularly review restrictive practices now and reflect on whether they are needed.

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Introducing Co-Production

➡ We hoped to make co-produced care plans standard practice on the ward.

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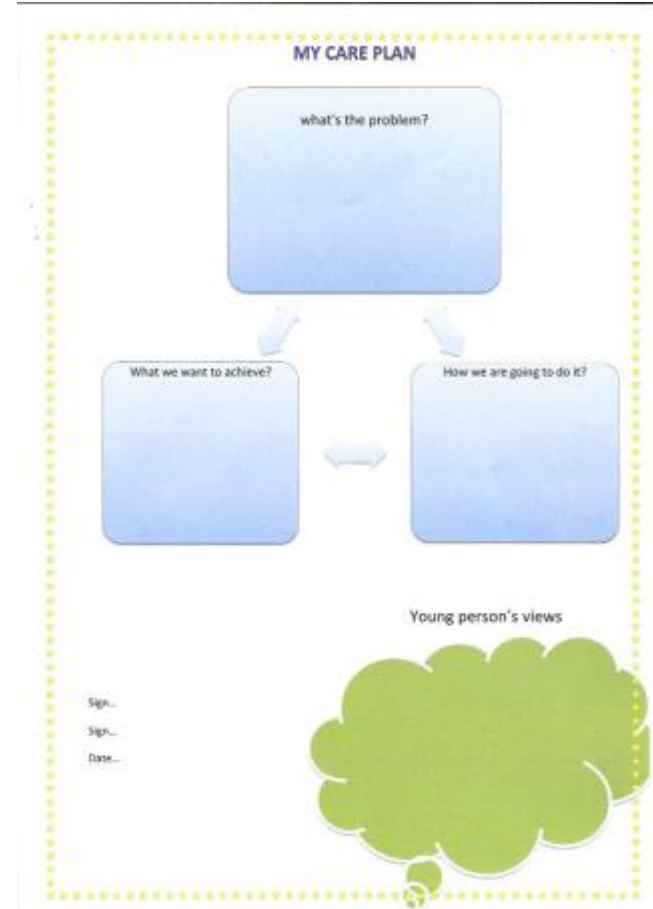
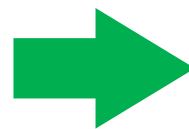


Partnership



Respect

Development



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PDSA

Plan

- Staff and patients will create a template for the care plans.
- It will be trialled with one patient
- If successful the QI team will create a training workshop to bring it into practice.

Do

- Our patient sponsor created the care plan template.
- The care plans produced were realistic.
- It took the burden off staff
- Patient involvement increased

Study

- The patient felt more involved, incidents relating to disagreements in care plans reduced and less arguments occurred.
- The core team were happy to encourage the patient.
- Patients and staff worked collaboratively

Act

- Two different wordings were needed, one for the patient one for our notes system.
- A skills workshop is needed to make it common practice
- A review is needed on how care plans are formatted, reviewed and stored.

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Patient Feedback

“I feel more involved in my care now, like care plans actually make sense”

“I find it easier to work with now its in my own words, I know what to do and expect”

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Going Forward

- We would like to bring co-produced care plans in as standard practice for all patients.
- We would like to continue to upskill new and existing staff.
- We are working with the whole team to improve morale and get suggestions.

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THANK
YOU

FOR

LISTENING

ANY QUESTIONS?

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