

Reducing Restrictive Practice QI Collaborative

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Change idea:

Encourage Co-Production between staff and patients

Predictions

- Patients will feel more involved in their care
- Patients may ask for unsafe or unrealistic care plans
- Staff may be sceptical or reluctant to relieve control

Act Plan Study Do

Plan

- Staff and patients will create a template for the care plans.
- It will be trialled with one patient
- If successful the QI team will create a training workshop to bring it into practice.

Study

- The patient felt more involved, incidents relating to disagreements in care plans reduced and less arguments occurred.
- The core team were happy to encourage the patient.
- Patients and staff worked collaboratively

Do

- Our patient sponsor created the care plan template.
- The care plans produced were realistic.
- It took the burden off staff
- Patient involvement increased

Ast

- Two different wordings were needed, one for the patient one for our notes system.
- A skills workshop is needed to make it common practice
- A review is needed on how care plans are formatted, reviewed and stored.

All teach, all learn

This was a really successful change. Patients feel more involved and staff worked towards patients goals.

Our next step is to trial this with more patients and then introduce it as standard practice.

