

REDUCING RESTRICTIVE INTERVENTIONS

Colne Ward –
Central & North West London NHS Foundation
Trust



COLNE WARD

- ✘ Colne Ward is a male psychiatric intensive care unit (PICU) at the Riverside Centre, West London. It consists of 8 beds, two of which are commissioned for the IRC (Immigration Removal Centre).
- ✘ Our aim is to manage and reduce the risks associated with acute episodes of mental illness. Colne Ward specialise in the assessment and comprehensive treatment of people with a broad spectrum of acute and enduring mental health needs.
- ✘ We provide care and treatment to inpatients who are experiencing the most acute phase of a mental illness.

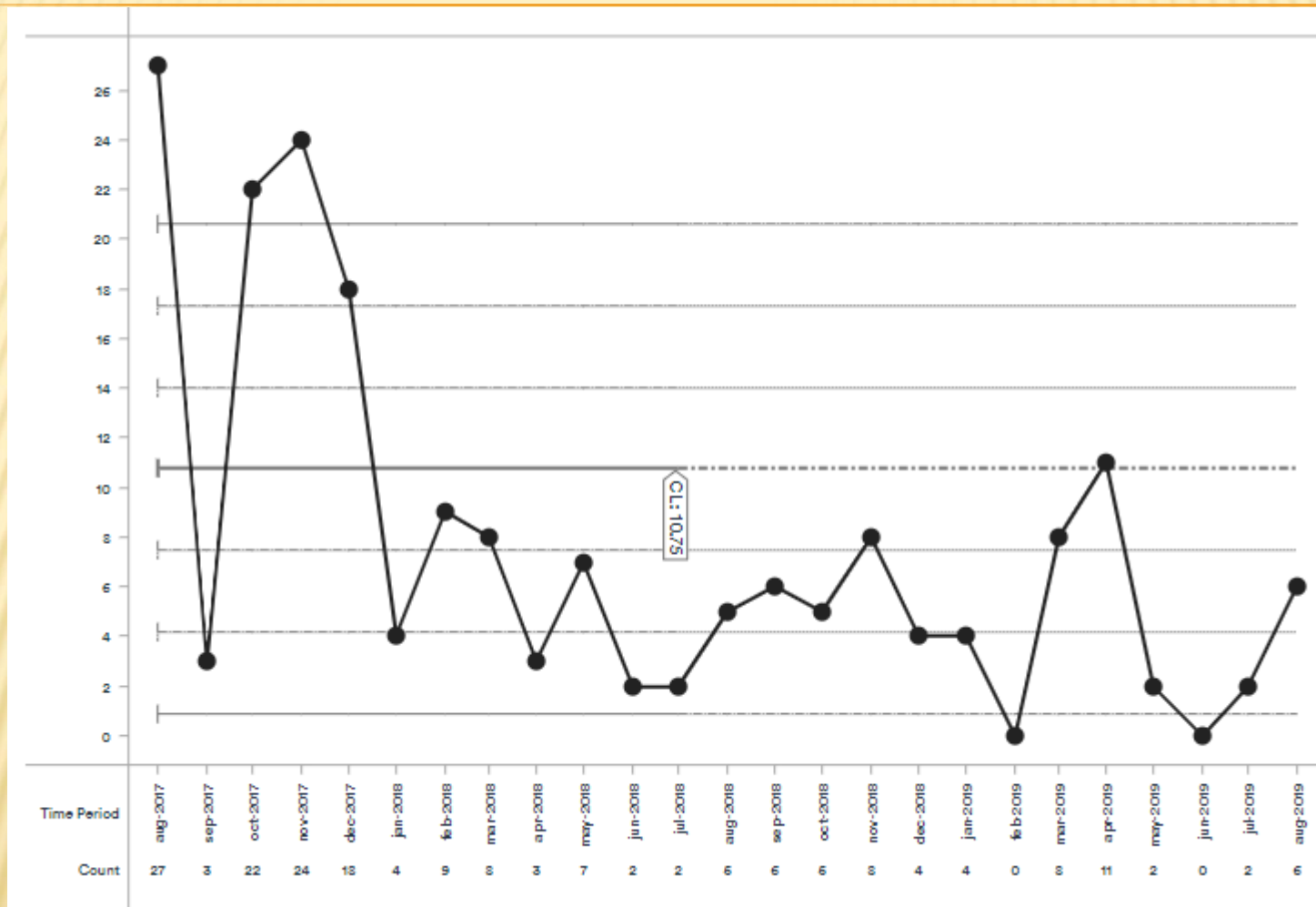
OUR TEAM

- ✘ 1 WTE Staff Grade Doctor
- ✘ Part Time Consultant Psychiatrist
- ✘ 1 WTE Ward Manager
- ✘ 3 WTE Clinical Team Leaders
- ✘ 8 WTE RMNs
- ✘ 7 WTE HCAs
- ✘ 1 WTE Activity Coordinator
- ✘ Part Time Occupational Therapist
- ✘ 1 WTE Ward Administrator
- ✘ Sessional Psychology Input

JOINING QI

- ✘ Initial application to join the QI collaborative denied.
- ✘ QI Launch in November 2018
- ✘ Accepted in December 2018-rush to get up to speed with the project due to late start.
- ✘ Weekly QI meetings
- ✘ Initial meeting with QI coach

DATA TABLE 2017 - 2019



DATA:

- ✘ The Graph above shows the data collected from the safety cross for the period June 2018 – August 2019.
- ✘ The ward notice a drastic decreased in violence and aggression which often led to restraints and Rapid Tranquilisation when we employed an activity coordinator .This staff often works out-of hours.



OTHER PDSA CYCLES:

- ✘ Outdoor gym equipment
- ✘ Sensory-based approaches
- ✘ Psychology intervention groups
- ✘ Safety cross implementation
- ✘ Monthly MDT community meetings
- ✘ Newspaper group
- ✘ Monthly reward system

ANY QUESTIONS?
