



The future of care is in our hands



Mersey Care
NHS Foundation Trust

Community and Mental Health Services

Maplewood 3, Whalley

Danielle Simpson and Sarah Stainton

Maplewood 3...

- ▶ Based in the Ribble valley
- ▶ Forensic low secure service for males
- ▶ Primarily the personality disorder pathway
- ▶ Fluctuating bedstate



Video (fingers crossed)



Before the project...

- ▶ Was a stand alone trust.
 - ▶ In 2015 the decision was made to close whalley services under the transforming care agenda
 - ▶ Service users and staff were informed with very little information about the future or where their home would be.
 - ▶ Co-production
 - ▶ Service user compatibility became a major concern
 - ▶ Service users who previously engaged at high levels were observed to be withdrawing.
 - ▶ Physical intervention on Maplewood 3 increased due to anxieties around moving into community services
- ▶ **“What's the point if it's closing?”**
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Some of the changes we have made...

- ▶ Introduced personalised personality disorder training on the ward for staff members
- ▶ Service user handovers
- ▶ Monthly blog
- ▶ Utilising the countryside around us



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Following

Maplewood 3s 30 minute challenge completed for today ✓



4:12 AM - 13 Jul 2019



Race At Your Pace

SEPTEMBER'S MEDALS TAKE ON THE CHALLENGE

Cover your chosen distance in however many runs, walks or cycles you like.



Welcome box...



Welcome box...

- ▶ When a service user arrives to the ward a “welcome box” is waiting in their bedroom
- ▶ It includes information on their key team members and the ward, toiletries and some little treats
- ▶ A number of service users come into the service with very little.
- ▶ “it made me feel welcomed”
- ▶ “I was worried about coming onto the ward but it was nice”



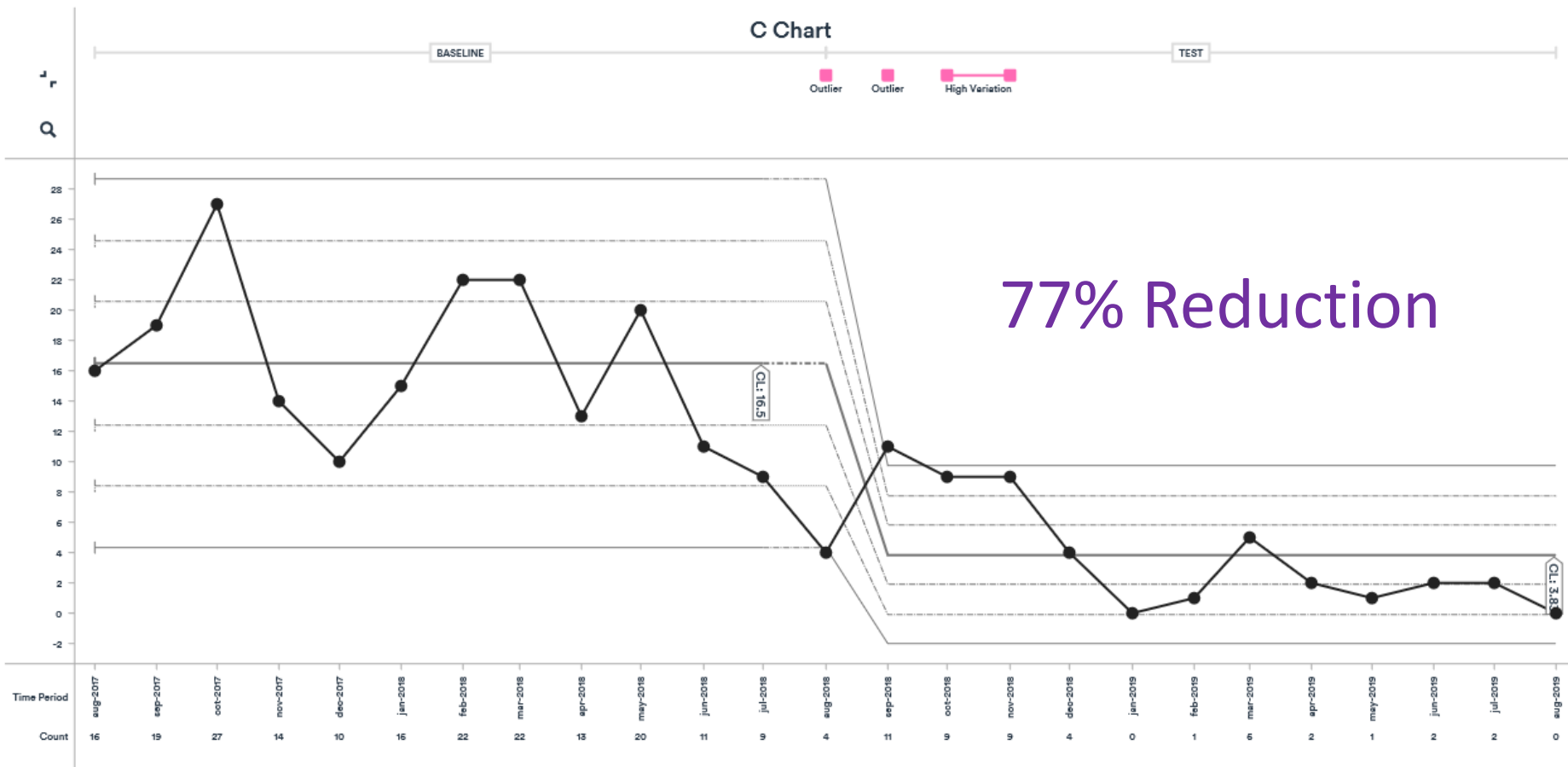
Where do we go from here?

- ▶ OTA has recently returned to the ward after long term sickness
- ▶ Introduce the ward staff interest checklist around activities
- ▶ Continue to support the service users throughout transition into community services
- ▶ Support staff members throughout the service changes



Our aggregate data...

Zero restrictive interventions in August 2019!





Any questions?

