**SCALE UP AND SPREAD WORKSHEET**

**QI Project:**

**Team:**

**Date:**

Use this worksheet and the IHI’s ‘Seven Spreadly Sins’ (see separate handout) to start planning how you could scale up and spread the new ways of working you have tested on the Reducing Restrictive Practice collaborative across your hospital or Trust.

Think about whether your Trust commits any of these ‘sins’ when trying to spread best practice. What happens when things are done that way? List other things that you and your Trust could do instead.

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| **SIN 1. Don’t bother testing in the first place – just go straight to a large pilot across the whole Trust.** |
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| **SIN 2. Give one person the responsibility to do it all. Depend on ‘local heroes’.** |
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| **SIN 3. Rely solely on individual’s vigilance and hard work.** |
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| **SIN 4. Spread your new ways of working unchanged without adapting them to different settings.** |
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| **SIN 5. Rely on the team who drove the initial improvements to spread the new ways of working across the whole hospital or Trust.** |
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| **SIN 6. Collect lots of data which you check every quarter at most.** |
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| **SIN 7. Expect huge improvements quickly and then start spreading straight away.** |
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