

Change idea: *Breakfast Club with Bacon Sandwiches*

Predictions

Staff noticed that the AM shift had a considerable amount of avoidable aggression/use of restrictive practices. Having protected time in the morning to increase activity that involves patients on the ward will reduce instances of restrictive interventions, and improve general staff-patient relations.

Plan

1. Establish project MDT team
2. The breakfast club will be from 8-9AM every Wednesday
3. Get a grill with safety tools for patients to use as well
4. Other wards were made aware so interruptions were avoided

Do

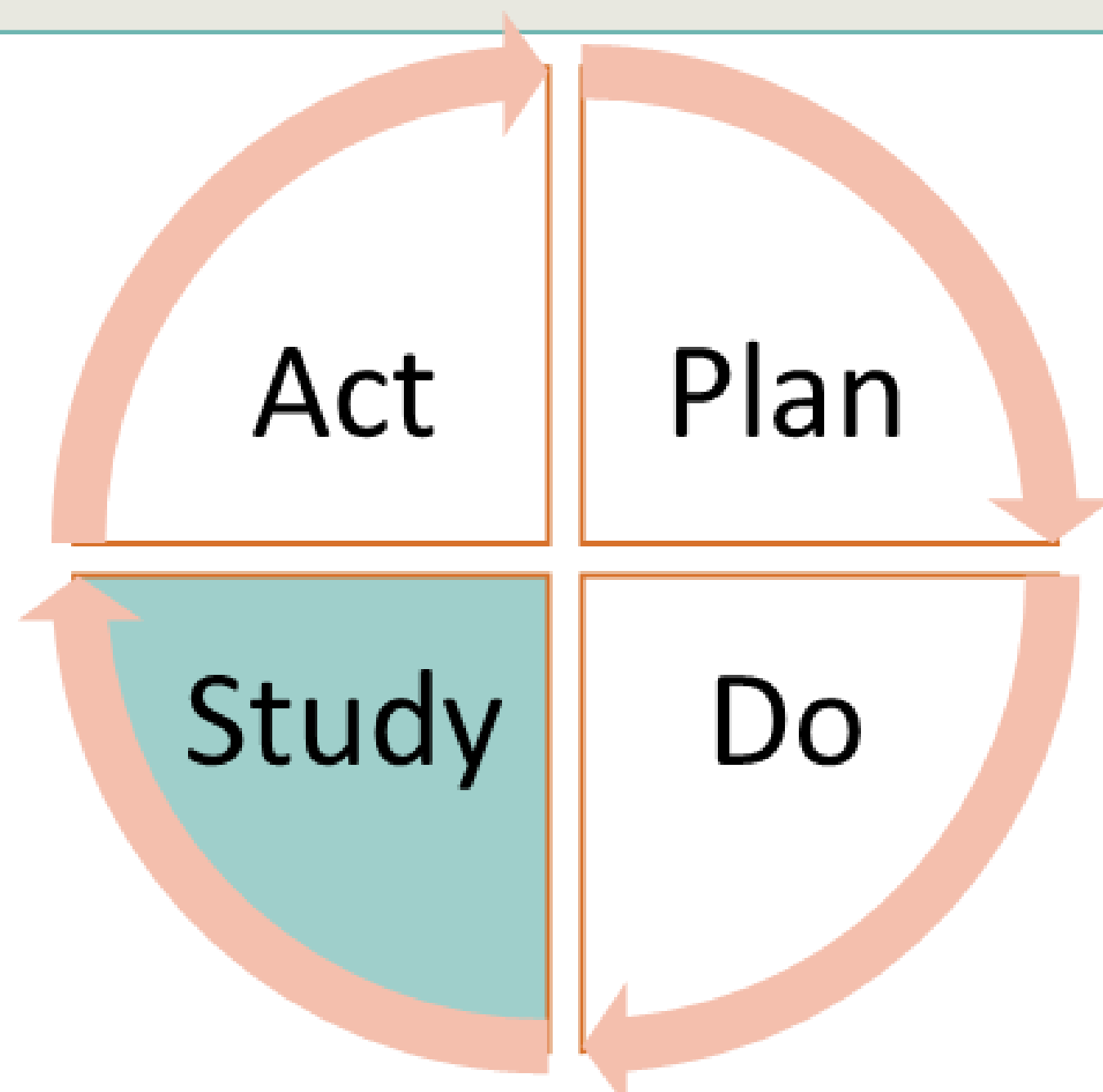
Staff noticed that service users would look forward to having and making bacon sandwiches. The staff and service users reported that they got to know each other better. Daily huddles were used to collect staff feedback and plan for any adjustments.

Study

Both patients and staff reported positive feedback on having protected time that brought everyone together. Data champion noted that the instances of restrictive practices (across all 3 measures) had reduced during AM shifts.

Act

Service user feedback was used to change the frequency of breakfast club. The amended PDSA tested running a breakfast club session from 9-10AM on Saturdays, in addition to the 8-9AM Wednesday session.



All teach, all learn

What learning can you share with the collaborative about this test of change?
 What have you achieved/are you working towards achieving?
 What does this mean for staff and service users?
 What questions do you have for your next steps?

USE OF RESTRICTIVE PRACTICES BEFORE AND AFTER PDSA

