



Mental
Health

Reducing Restrictive Practice Collaborative Reviewing our Progress



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Reducing Restrictive Practice

Reflections for Highwoods Cygnet, Colchester



1. Please list some of the new ways of working that you've tested

- We have now Impended reducing restrictive practice in our community meeting templates and discussing it on a weekly basis
- Safety cross will be rolled out with another ward on site
- We are hoping to display information on reducing restrictive practice on the ward once we received our new notice board

2. What impact did this have on your ward?

- It's made staff and patients more aware of reducing restrictive practice
- It's has changed our thoughts on reducing restrictive practice.
- We now having more discussions about reducing restrictive practice.

3. What feedback have you had from staff or patients?

- Staff are now more aware of restrictive practices
- Seeing the dots on the Safety Cross has given staff an overall picture of when incidents are happening on the ward and able to analyse if there is a pattern

4. What was your overall experience of taking part in the RRP collaborative?

- It has been an eye opener of us and it has definitely improved the way we collate data and Improve our patient interactions in terms of reducing restrictive practice