



Change idea:

Tea and Talk

Predictions

We decided to do a tea and talk on a Tuesday morning which will be off the ward.

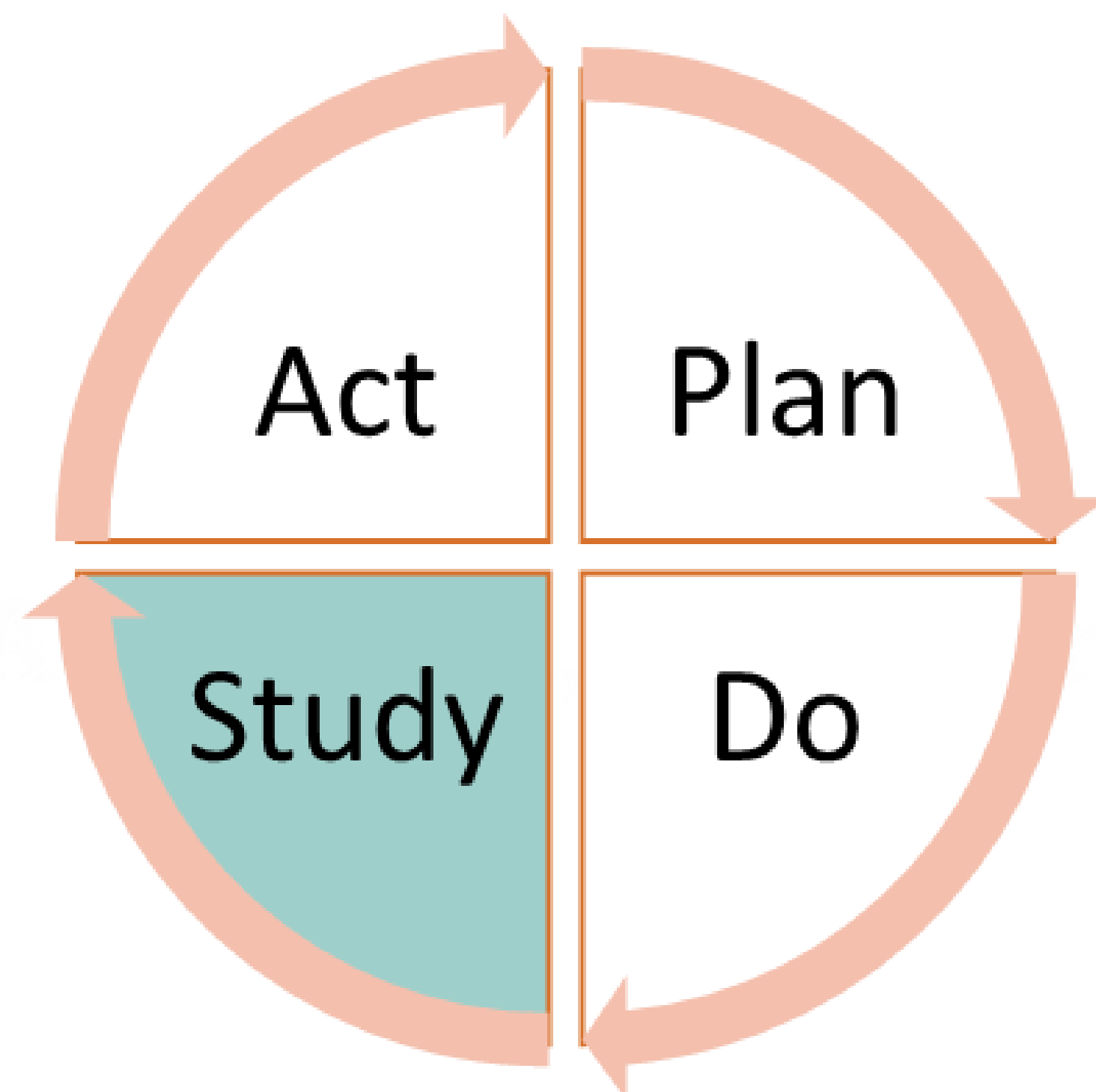
Plan

Who, what, where, when?

- The activity coordinator will hold a tea and talk morning off the ward. This will allow for social inclusion with other wards within the activity centre.
- The plan is to have newspapers and active engagements whilst socialising and providing normality.

Do

- Book out activity street and arrange environment.
- Ensure leave is available following risks assessments.
- Activity coordinators will ensure that all patients are involved, and newspapers are purchased. Tea and biscuits also available using petty cash
- Communicate with other wards to ensure patient risks and contingency plans are discussed.



Study

We found that the tea and chats groups were socialising more with their peers, engaged in activity within the area and shown some independence when making their own drinks and clearing away afterwards.

Act

- Agreed that we would try to advertise this better to allow more patients to attend.
- To look at having more support from other members of the MDT to allow the groups to grow.