

Innovation Agency

Academic Health Science Network for the North-
West Coast

MHSIP work on our ABI unit (Langdon ward)

In the words of the Ward Manager:

‘The first piece of work we completed was to transform one of the ward ‘quiet rooms’ into a relaxation, lower stimulation room, this room was created in collaboration with patients. These changes included; substituting a sofa for specially chosen beanbags with a back rests perfect for sitting back into and putting feet up This was selected by our patients alongside [the] ABI Occupational Therapist, the offer of various different types of herbal tea with information about the therapeutic values of each flavour, electric candles and additional fairy lights in a waterfall effect down the wall as well as, a range of CD’s, books and jigsaws – perfect for some down time to relax. [The room is] A space that can be adapted to the stimulus needs of a person in at any given moment.

Going forward, we plan to transform the staff room to make this [a] more inviting, comfortable and a safe space for staff to go for some quiet time away from the clinical area. We [are] also discussing options to transform the ‘Extra Care Area’, to make this more therapeutic and collaborative. These discussions include, using sensory modulation, this would require some staff training but, studies have shown that teams who have been taught about sensory modulation, are more likely to use it in practice.’