

# Change story: Improving staff room – Blake ward

## Programme aim:

- To reduce restrictive practice by 25% in mental health, learning disabilities and autism inpatient services by testing and scaling the reducing restrictive practice [change package](#)

### What problem were you trying to solve?

- To improve the staff room as the staff room was very small, like a cupboard!
- Wanted to have somewhere nice for staff to go while they are on their break.

### What did you do?

- Swapping the room with the ward managers office to have a bigger space for the staff room
- We asked the team about what was important to them to feed into the design. For example, we asked: 'what would help keep you safe and well on the ward?'
- Based on the feedback, we bought a microwave so the team could have hot meals.
- New lockers
- New fridge
- New sensory lights
- New radio
- New furniture e.g. sofa and chairs
- Organised to have internet

### How did it go?

- Staff are excited about getting a new space for them to have their breaks.
- It has been nice working as a team to develop the new staff room and has improved staff morale.

### What did you learn?

- Asking the team open questions about what would work meant we designed something that would meet people's needs and also helped to get people on board to make a positive change.