

Change story: Introduced a Reducing Restrictive Practice notice board at Prospect Place

Programme aim:

- To reduce restrictive practice by 25% in mental health, learning disabilities and autism inpatient services by testing and scaling the reducing restrictive practice [change package](#)

What problem were you trying to solve?

- Raising awareness on the reducing restrictive practice project.

What did you do?

- Produced a RRP notice board.
- Producing run charts and adding to the notice board.
- Introduced capturing verbal de-escalation on the safety crosses and this has now been spread across Greater Manchester units.

How did it go?

- Nice to have a visual regarding the programme and can communicate any improvements or new activities or changes on the unit.
- Elisha Price on Social Inclusion received 'tweet of the week' for introducing the RRP board.
- The Trust's Communications department were impressed with the board and would like to encourage other units to also roll this out.

What did you learn?

- Having visuals is a nice way to communicate information.
- Good to hear what other units are doing and taking inspiration from others.