

Change story: Introduced a scale rating at the community meetings to measure the atmosphere on the wards – Hope & Horizon Ward

Programme aim:

- To reduce restrictive practice by 25% in mental health, learning disabilities and autism inpatient services by testing and scaling the reducing restrictive practice [change package](#)

What problem were you trying to solve?

- To understand how the young people are feeling on the ward
- To measure the atmosphere on the ward

What did you do?

- Discussed with the young people how they would like to measure this.
- The young people wanted to introduce a scale of 1 to 10.

How did it go?

- The young people didn't feel comfortable expanding on the reason behind the rating but were happy to indicate with a number.

What did you learn?

- The scale rating is a useful form of co-production with young people.
- It helps to generate ideas and suggestions for staff.
- It helps to contribute to a 'We said, we did' feedback loop.