What is co-production?

People use the word co-production to refer to different things. Here are two definitions that we’re using today.

*Rethink:* “Co-production is about the inclusion of people with lived experience of mental illness, as well as their partners, family and friends (who are all “Experts by Experience”) in the commissioning, planning and delivery of services as equal partners with service providers and professionals.”

https://www.rethink.org/services-groups/co-production/what-is-co-production

*Mind:* “Co-production is essentially where professionals and citizens share power to plan and deliver support services together, recognising that both partners have a vital contribution to make.”

https://www.mind.org.uk/information-support/your-stories/co-production-in-mental-health-why-everybody-wins/