

Preventing Suicide on Leave - Measurement Plan

Aim

To prevent suicide when a person is on leave from an inpatient mental health ward by improving the safety and quality of care that they receive whilst on the ward.

This includes: People on agreed leave; people who are absent without leave (awol); people on agreed leave that don't return.

Outcome measures

Patient feedback after any absence (within 24 hours of returning from leave/awol)

- The percentage of people who felt their own mental health and wellbeing was good:*
 - Prior to going on leave
 - On return from leave
- The percentage of people who felt their own mental health and wellbeing got worse whilst on leave.*

**Qualitative patient feedback to also be collected about what went well on leave or what might have caused a deterioration to inform future learning.*

Incident data (monthly)

- Number of suspected suicides whilst on leave
- Percentage of people who return late from leave*
- Number of people absent without leave*

**Qualitative patient feedback to also be collected about what caused the person to either return late or be absent without leave.*

Data collection plan

The outcome measures set out in this measurement plan will be the primary way in which you will know whether your changes are leading to improvements in the safety and quality of care provided on the ward, and a reduction in the number of suicides whilst on leave.

Patient feedback: Questions to ask (within 24 hours of returning from leave)

What was your feeling about your mental health and wellbeing before going on leave?

0 1 2 3 4 5
Poor Very good

Did you feel that this improved, stayed the same or got worse whilst on leave?

Improved Stayed the same Got worse

What was your feeling about your mental health and wellbeing after returning from leave?

0 1 2 3 4 5
Poor Very good