

Primary care training



I feel confident that I can co-produce an immediate Safety Plan with someone in distress



Why did we take action?



Empower staff to respond to patients at risk of suicide



Improve support and safety planning

Increase knowledge around suicide prevention



Increase confidence to support someone feeling suicidal

What did we do?



Suicide awareness and response training

Webinar training

Connecting with People model

Delivered by 4 Mental Health



What has the impact been?

30 primary care staff trained in Suffolk

2019/
2020



100% reported understanding value of compassion



100% increased knowledge of support



100% reported confidence to ask about suicide

Suffolk and North East Essex STP