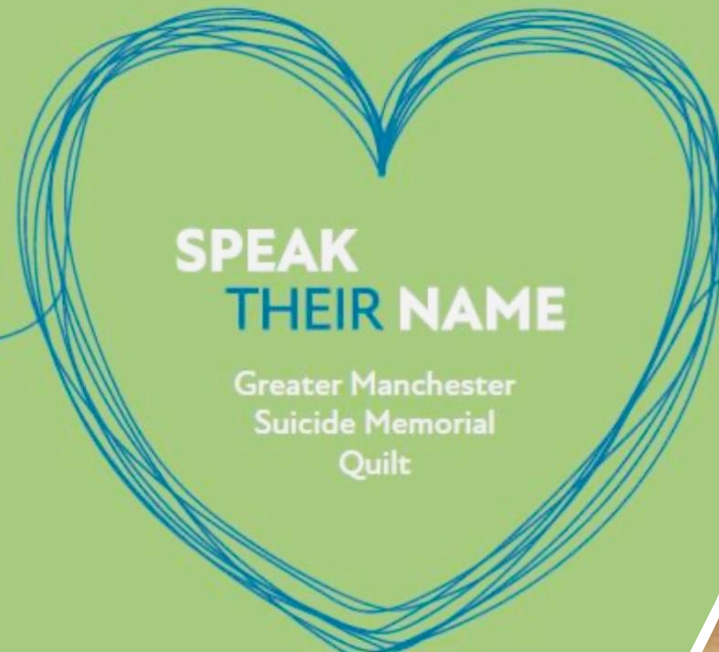


Creative Suicide Bereavement Support: Sing Their Name Choir, Greater Manchester



Greater Manchester Speak Their Name

Suicide Memorial Quilt



Origins

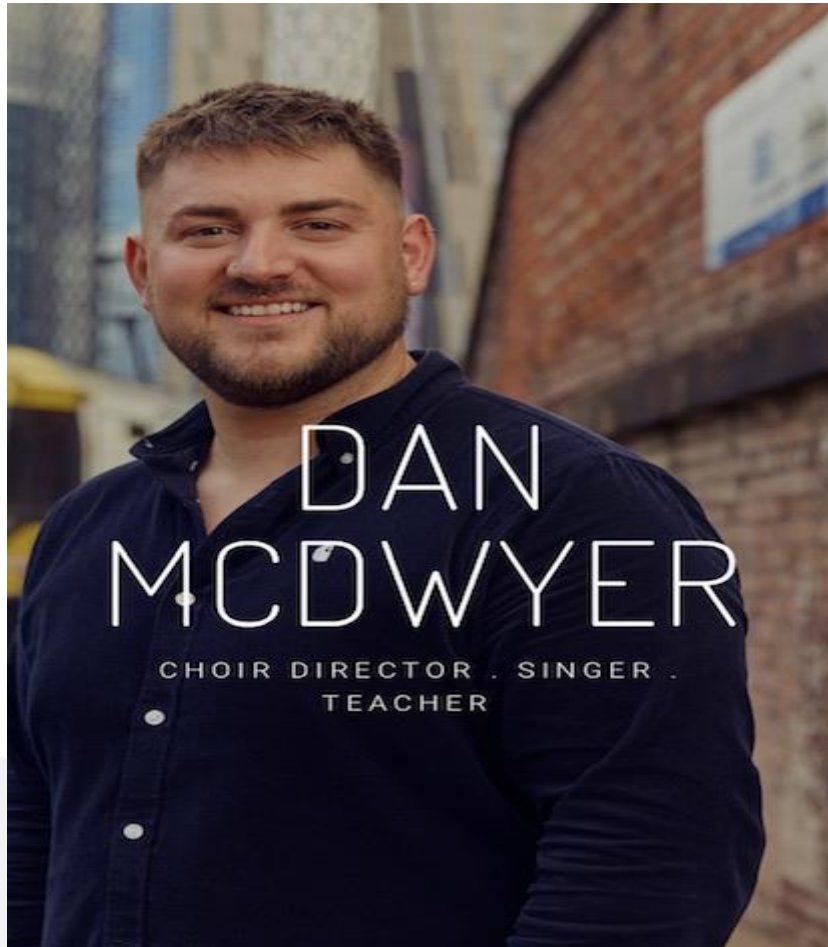


Sing their name choir

GREATER MANCHESTER



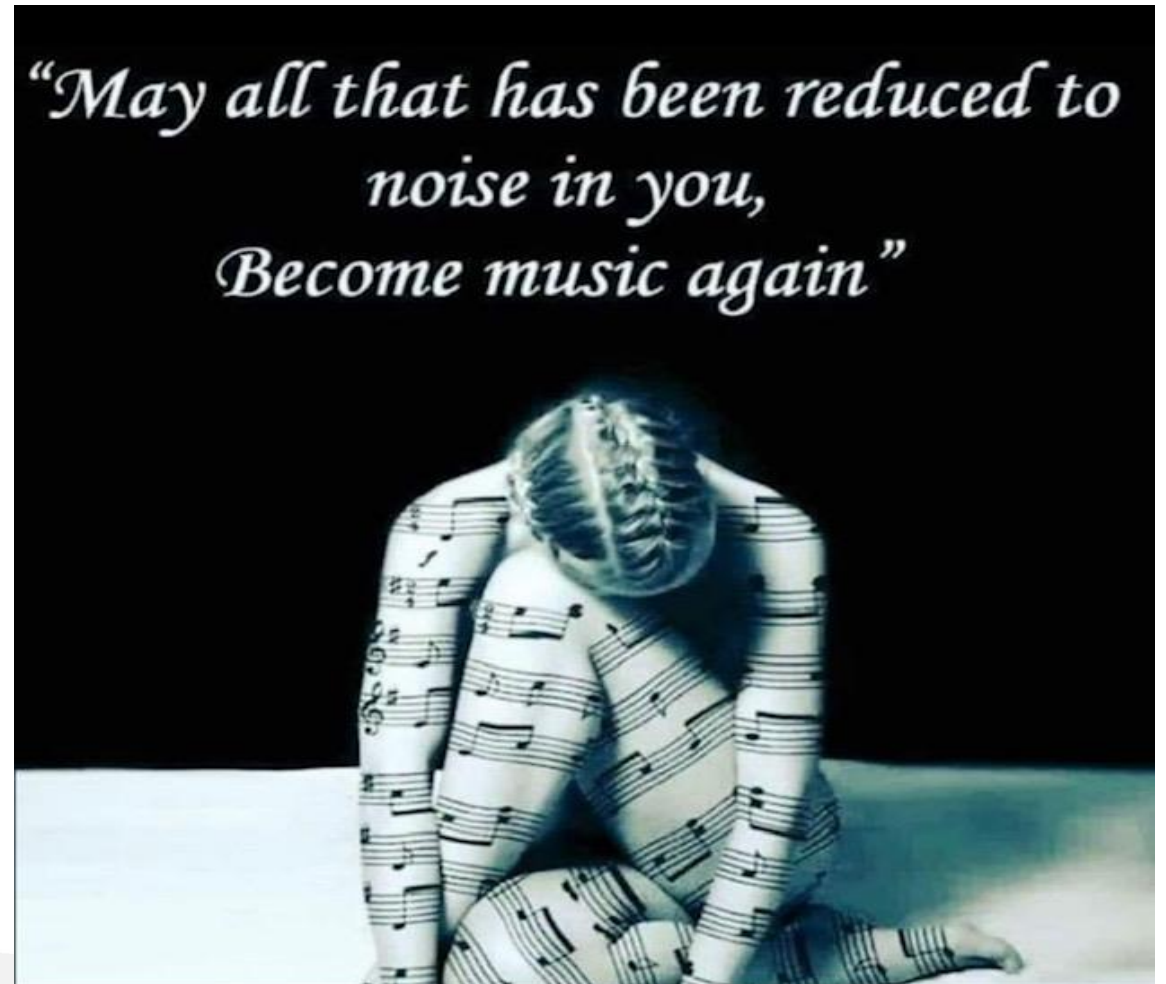
Dan McDwyer



'Singing is such a powerful tool to bring people together. Not only does singing release endorphins and help improve wellbeing but singing in a choir specifically has a real sense of belonging. Singing together in harmony brings people together in a way not many other activities can...expressing our emotions through song whether that is happiness, sadness or anything in between.'

Sing Their Name Choir Film

Sing Their Name Choir film:
<https://youtu.be/LzEwtKfCnS4>



Peer Support



'There are people at the choir who make me laugh, no matter how down I feel. Those who know exactly the right thing to say and those who know when you just need a hug and for that I am forever grateful and thankful.'

'Being part of the choir is such a lovely way to remember and honour the memories of our loved ones. Singing together with others with shared experience and understanding, is so positive, powerful and uplifting.'

THANK YOU

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