

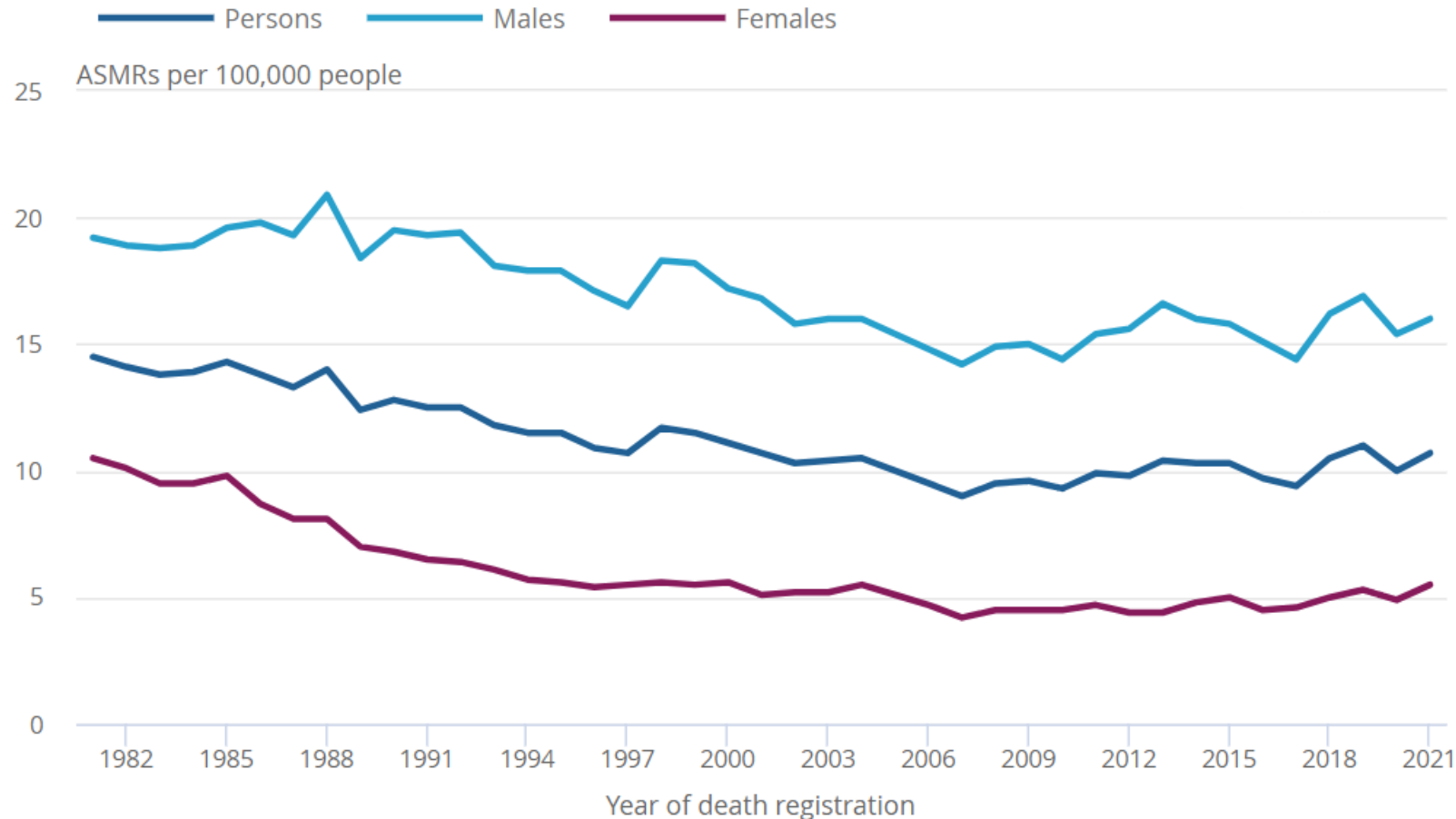
# National Confidential Inquiry into Suicide and Safety in Mental Health

**STP Learning Day**  
**Latest findings on self-harm and suicide prevention**

February 2023

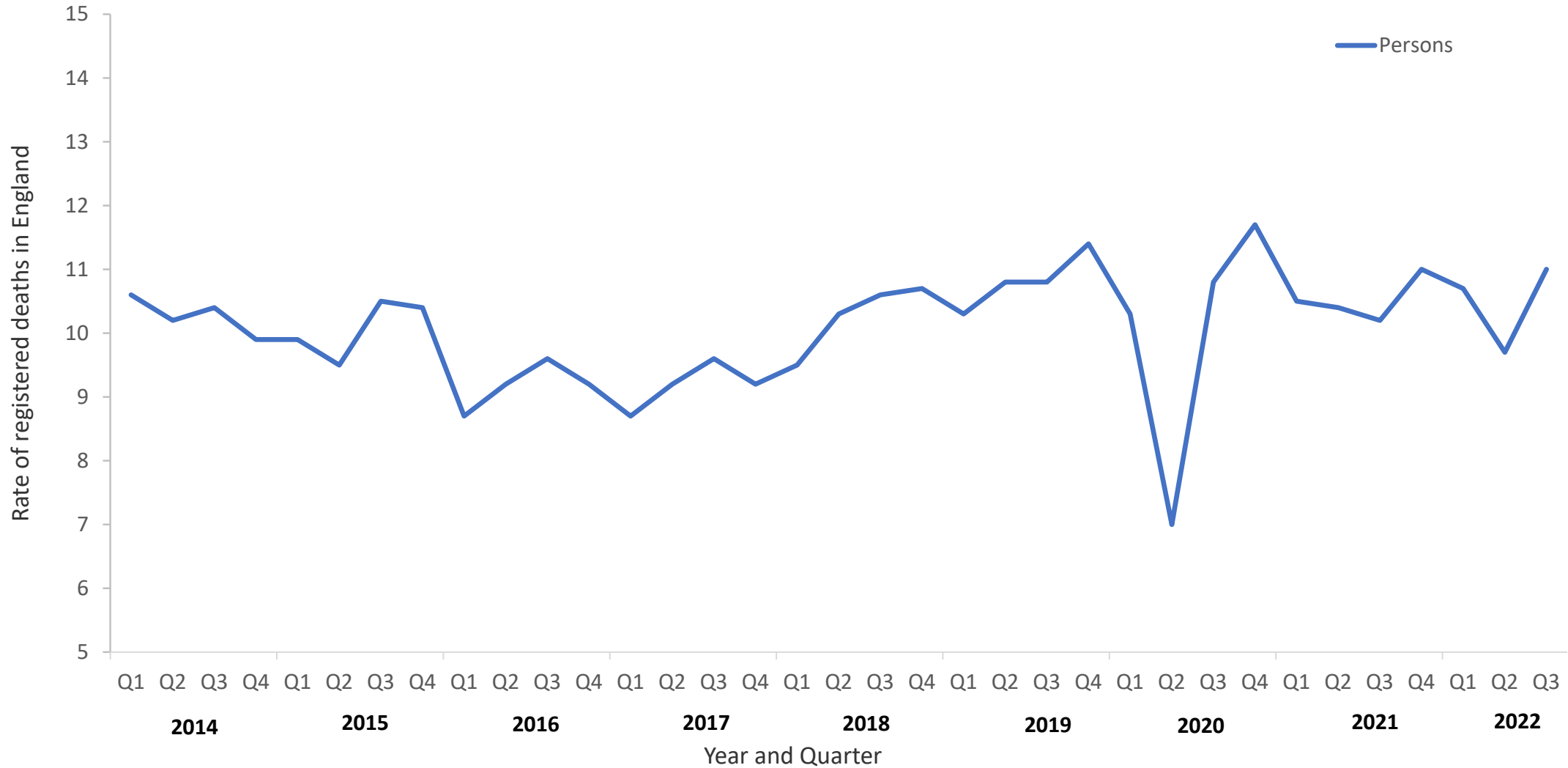
Professor Nav Kapur

## Age-standardised suicide rates by sex, England and Wales, registered



- **Suicide rates higher since lower standard of proof**
- **Fell in early pandemic**
- **2021 similar to pre-pandemic years 2018/2019**

# Quarterly suicide rates





Article

## Drug-related deaths and suicide in prison custody in England and Wales: 2008 to 2019

The risk of suicide and drug-related deaths among prisoners, based on confidential matching of data from HM Prison and Probation Service and Office for National Statistics mortality records.

Contact:  
Lauren Revie and David Mais  
health.data@ons.gov.uk  
+44 1329 444110

Release date:  
26 January 2023

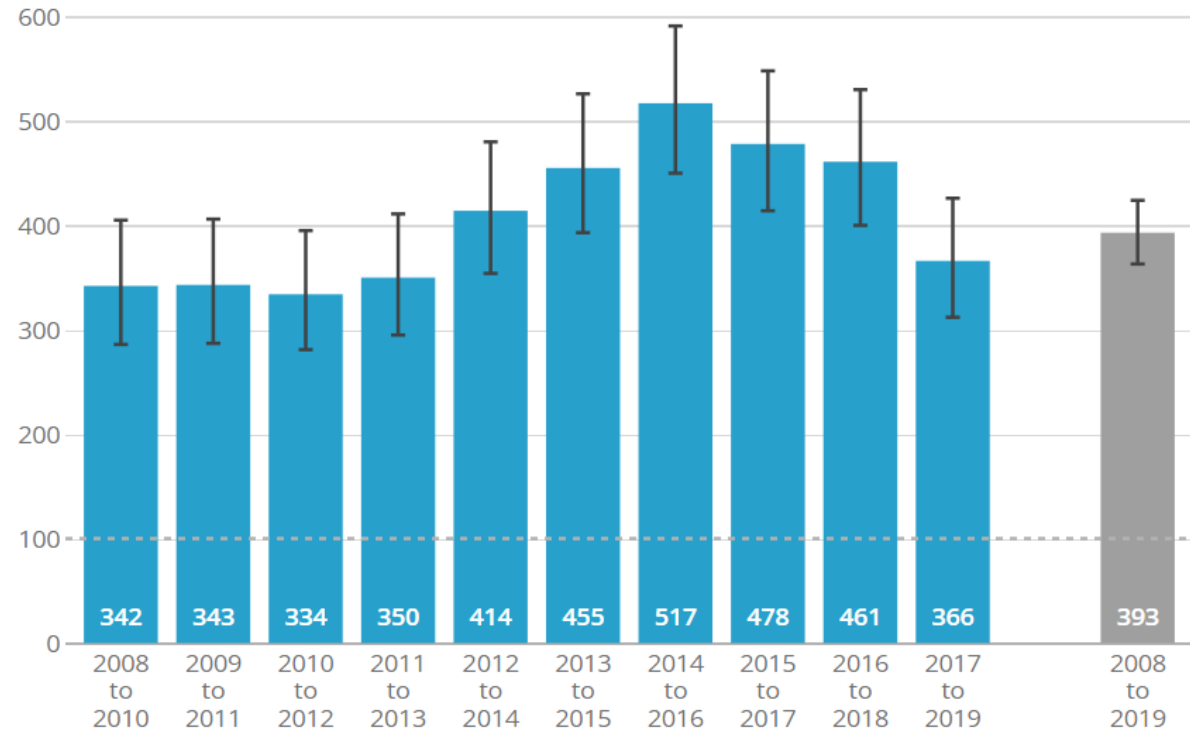
Next release:  
To be announced

<https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/articles/drugrelateddeathsandsuicideinprisoncustodyinenglandandwales/2023-01-26>

### Suicide death occurrences in prison custody in 2008 to 2019, standardised mortality ratios, males, England and Wales

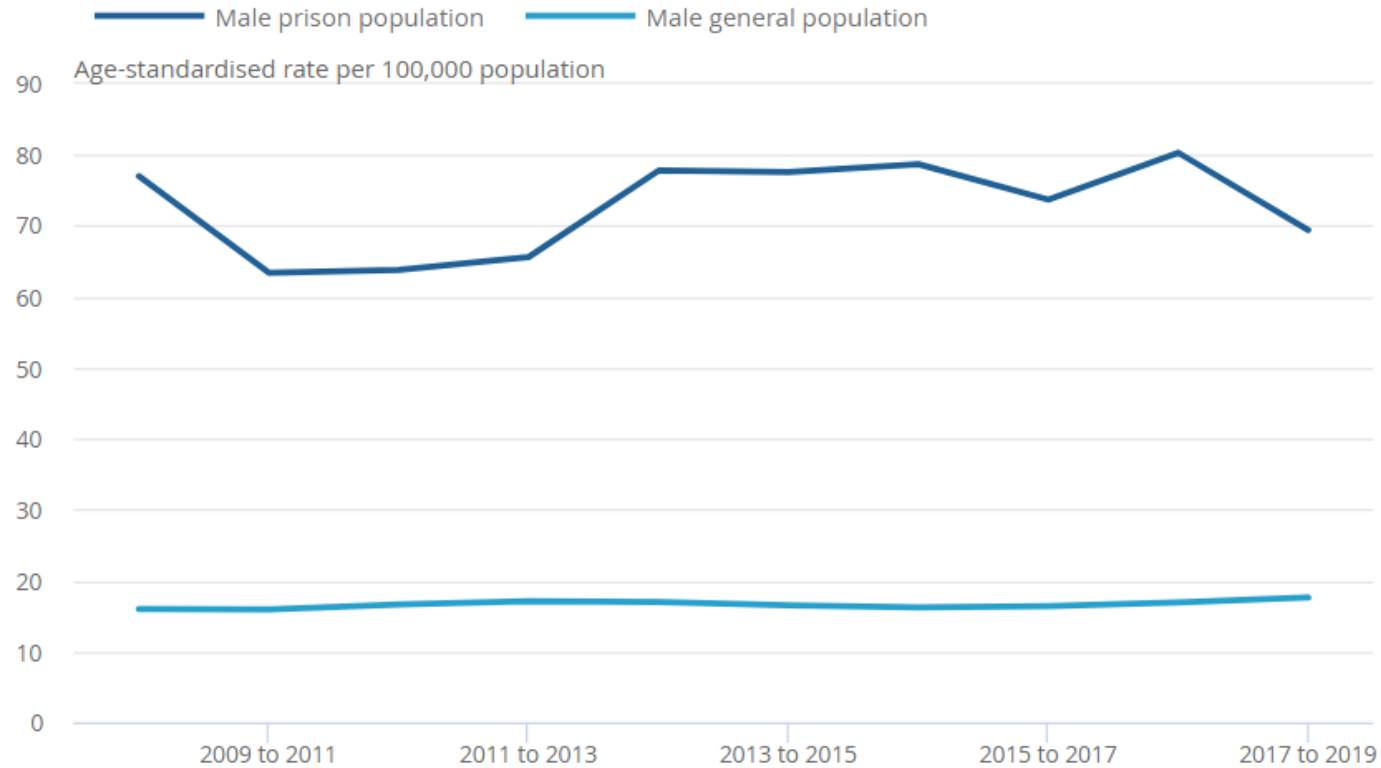
┆ 95% confidence interval    - - - National average risk

Standardised Mortality Ratio



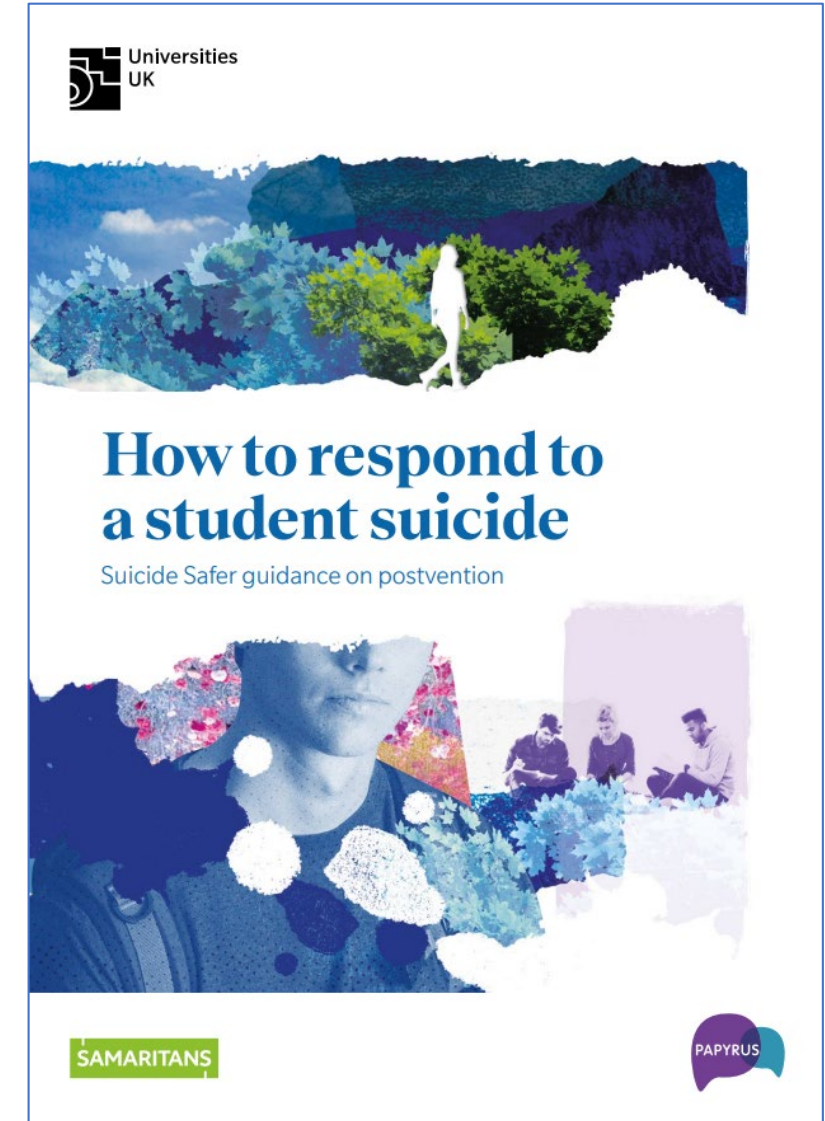
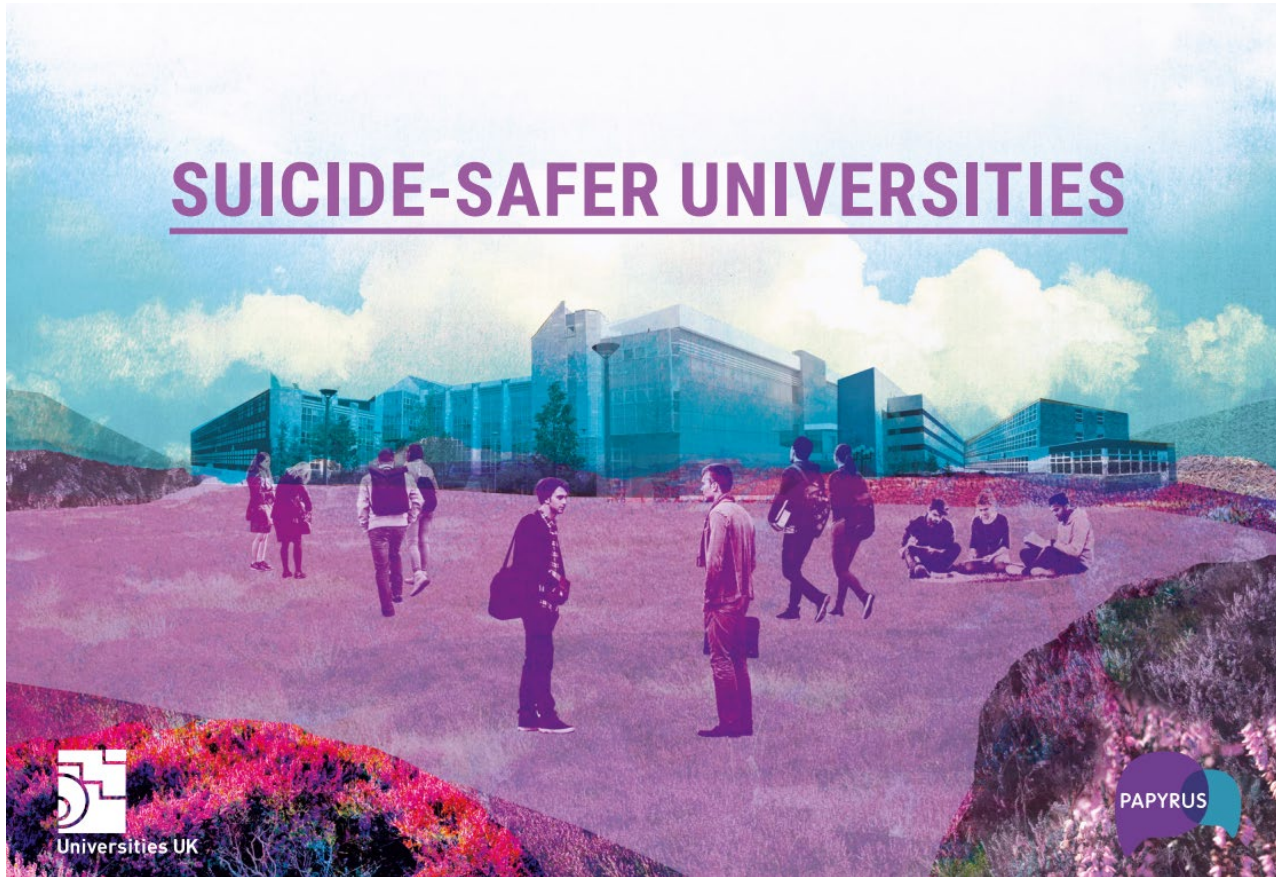
Source: Office for National Statistics – Deaths in prison custody in England and Wales

## Age-standardised male suicide rates, England and Wales, 2008 to 2019



Source: Office for National Statistics – Deaths in prison custody in England and Wales





## Government Action on Major Conditions and Diseases

Statement made on 24 January 2023

Statement UIN HCWS514

### Statement made by



**Steve Barclay**

Secretary of State for Health and Social Care

Conservative

North East Cambridgeshire



### Statement from

Department of Health and  
Social Care



This work combines our key commitments in mental health, cancer, dementia and health disparities into a single, powerful strategy. It will align to the government's ambitious Life Sciences Missions. We will take forward a separate Suicide Prevention Strategy this year.

Parliamentary Under Secretary of State (Minister for Mental Health and Women's Health Strategy) and Parliamentary Under Secretary of State (Minister for Women)

## Maria Caulfield MP



### Biography

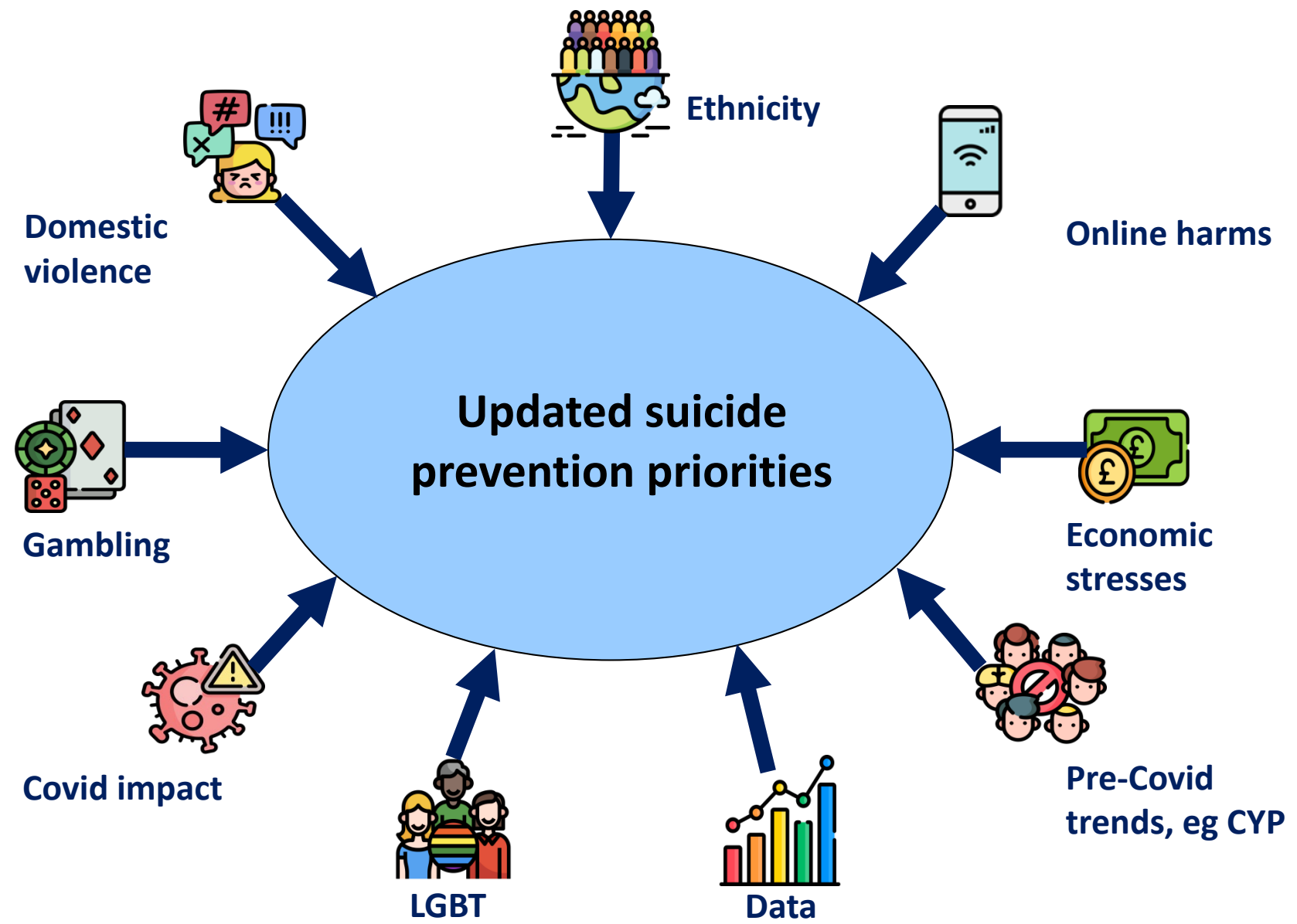
Maria Caulfield MP was appointed Parliamentary Under Secretary of State (Minister for Women) at the Department for International Trade, and Parliamentary Under Secretary of State at the Department of Health and Social Care on 27 October 2022.

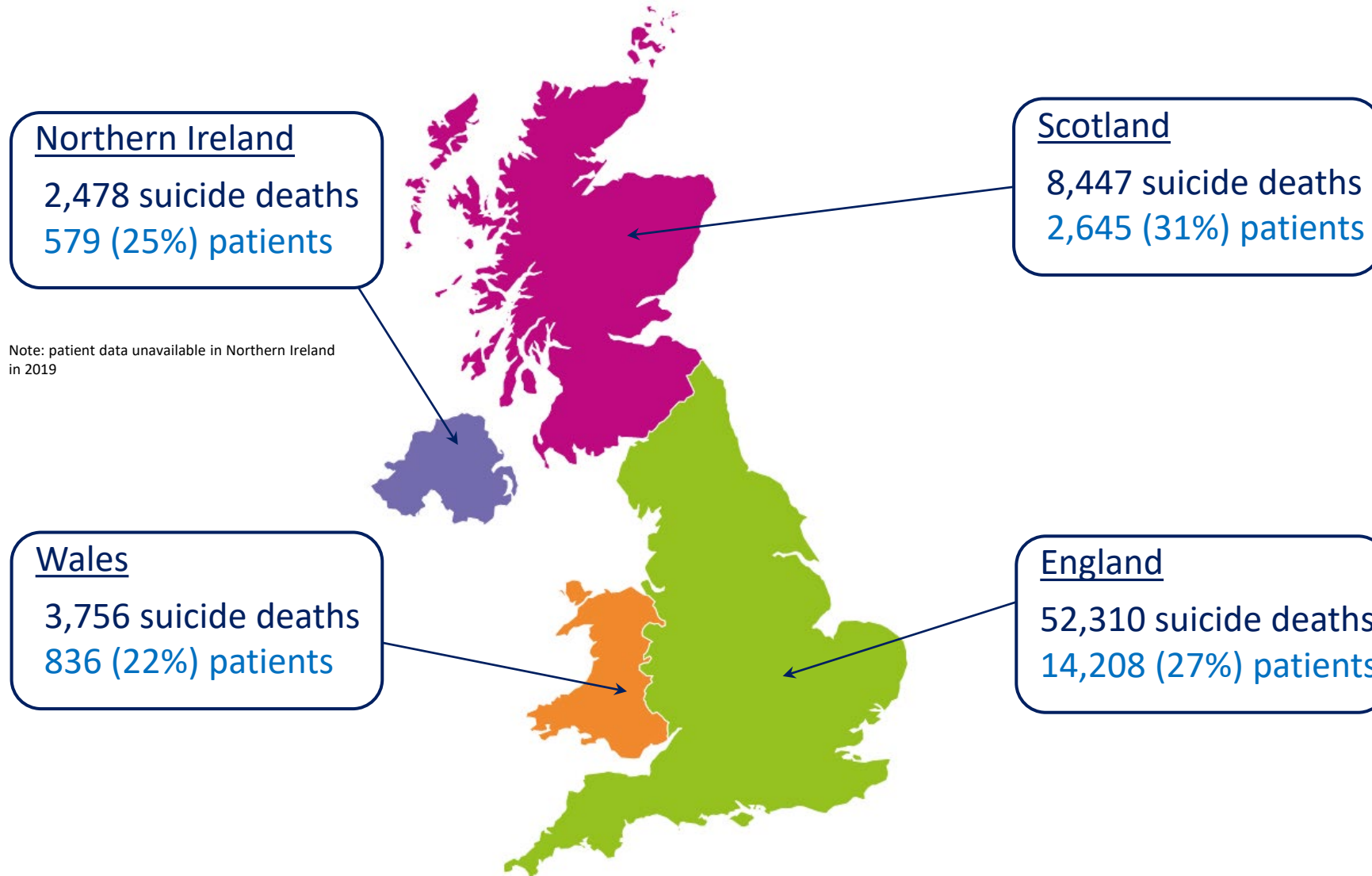
### Parliamentary Under Secretary of State (Minister for Mental Health and Women's Health Strategy)

The Parliamentary Under Secretary of State for Mental Health and Women's Health Strategy is responsible for:

- women's health
- maternity services
- gender identity services
- cosmetic regulation
- DHSC litigation
- mental health:
  - children and young people and early intervention
  - Mental Health Act
  - suicide prevention and crisis prevention
- bereavement
- disabilities, including autism
- offender health
- patient safety:
  - clinical negligence
  - historic inquiries
  - quality regulation
  - death certification
  - indemnity
  - Patient Safety Commissioner
- Vaccine Damage Payment Scheme
- patient experience:
  - ombudsman, complaints
  - whistleblowing, health ethics
- Government Equalities Office portfolio
- UK Health Security Agency (UKHSA):
  - COVID-19 – COVID-19 status certification, variant tracing, shielding
  - environmental health (air quality, chemicals, radiation)
  - health security at the border
  - infectious diseases (including monkeypox)
  - seasonal flu
- vaccines:
  - COVID-19 vaccine deployment and uptake
  - routine immunisations and vaccinations
- emergency preparedness including Ukraine
- sponsorship of:
  - Healthcare Safety Investigation Branch (HSIB)
  - Care Quality Commission (CQC)
  - NHS Resolution
  - Human Fertilisation and Embryology Authority (HFEA)
  - Human Tissue Authority (HTA)
  - UKHSA









## Preventing suicide in England

A cross-government outcomes strategy to save lives

- Mental health problems increase the rate of suicide
- 1,300 mental health patients die by suicide in England each year
- An opportunity and responsibility to intervene
- Suicide prevention in MH services means better care for all.

Every  
Life  
Matters

Life Matters  
Oranga o ia tangata

Suicide Prevention Strategy 2019-2029 and  
Suicide Prevention Action Plan 2019-2024  
for Aotearoa New Zealand



# 10 ways to improve patient safety





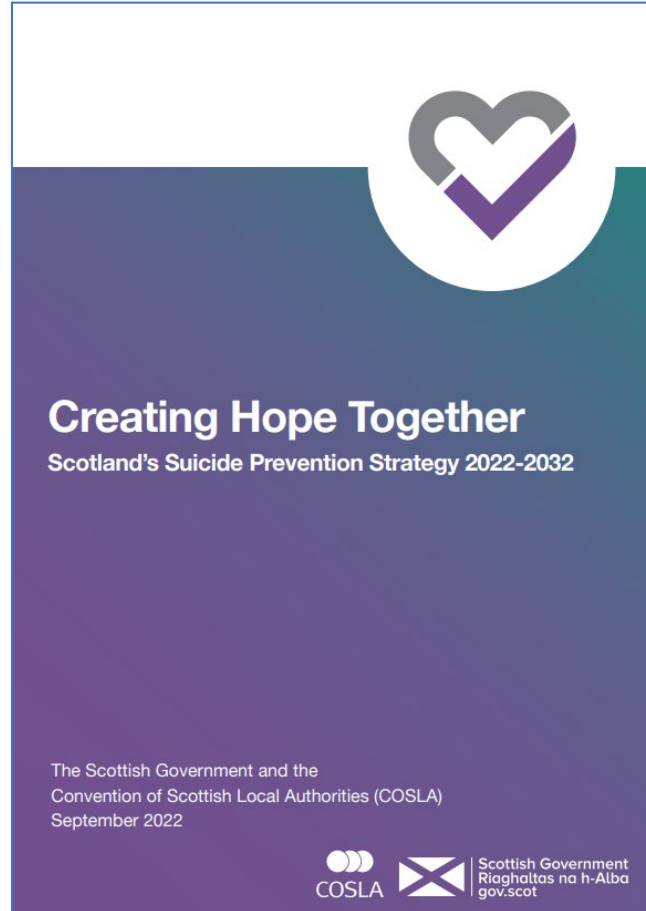
Read about [our approach to COVID-19](#)

[Home](#) > [NICE Guidance](#) > [Conditions and diseases](#) > [Mental health and behavioural conditions](#) > [Self-harm](#)

## Self-harm: assessment, management and preventing recurrence

NICE guideline [NG225] Published: 07 September 2022

<https://www.nice.org.uk/guidance/NG225>



- **Self-harm strategy** – work will continue to develop a standalone self-harm strategy which will publish in 2023. We know for many people, self-harm is a way of coping with their distress and is not a path to suicide. However, we also know self-harm does increase the risk of suicide. So while the self-harm strategy will be separate from the suicide prevention strategy, there are important links to be made. The suicide prevention action plan sets out a number of actions to improve responses for people who are suicidal which we consider will be equally valuable in improving the response to people who seek help for their self-harm.

## National Confidential Inquiry into Suicide and Safety in Mental Health

9<sup>th</sup> NCISH Conference

**SAVE THE DATE**

**26<sup>th</sup> APRIL 2023**

**10.00am to 12.30pm (GMT)**

**VIRTUAL CONFERENCE**

**(via Zoom)**

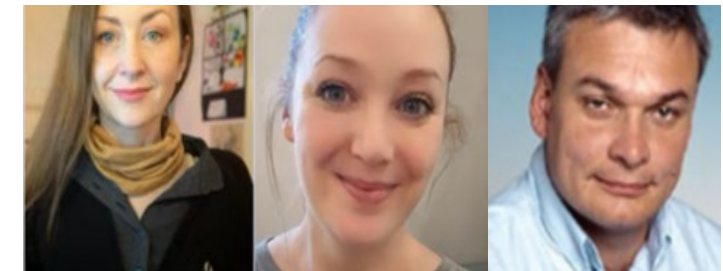
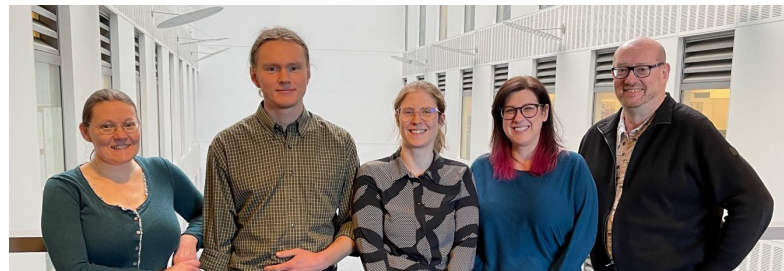
Please join us for a half day virtual conference where we will present and discuss findings and recommendations from our upcoming report.

**NCISH Annual Report:** suicide by people under mental health services

FURTHER DETAILS AND BOOKING INFORMATION WILL BE AVAILABLE SOON VIA OUR WEBSITE [www.manchester.ac.uk/ncish](http://www.manchester.ac.uk/ncish)

**NCISH**





 @NCISH\_UK



 @mashproject



 @PSTRC\_GM