Suicide Prevention

Driver Diagram informed by Stakeholders at 11th July Workshop
Reduce suicides in Coventry and Warwickshire

Reduce suicides among middle-aged men (aged 35-65 years)

**AIM**

**PRIMARY DRIVERS**

- Make suicide prevention everybody’s business
- Remove stigma
- Early identification of individuals at risk
- Increase timely and appropriate access to quality services and support
- Data, evidence, evaluation, and dissemination

**SECONDARY DRIVERS**

- Safer mental health-friendly communities
- Collaborative and integrated care pathways across services and sectors adopting a life-course approach
- Effective signposting and referrals
- Promoting education and raising good mental health awareness
- Common language and one approach
- Engagement with services
- Development of a learning strategy
- Competency-based suicide prevention training for all staff (including primary care)
- Targeted campaigns and interventions for high risk groups
- Empower friends and family support units to call/refer to services on their behalf
- “No wrong door” policy and effective data sharing between services
- Reaching people who are not in contact with MH services and highlighting links between physical and mental health
- Expansion of access (24 hour) and/or navigate to support services (holistic)
- Continuing after-care planning
- Co-produce services with those impacted by suicide
- Consistent data collection, protection, and sharing across the system
- Quality assurance and usage data of support services
- Timely post-incident reviews, learning, and sharing
- The identification of priority geographies across Coventry and Warwickshire

**CHANGE IDEAS**

- Train staff in our C&W community based assets in suicide awareness and prevention
- Work with partners including CGL to develop a dual diagnosis pathway across primary and secondary care
- Expand the delivery of ITBTT enabling the campaign to reach a wider audience of men between 35 - 65
- Use the year of well being campaign to promote positive mental health and suicide awareness in the population
- Work with GPs, Primary Care, Community, Specialist, and Acute care staff across all sectors to improve training in suicide awareness and signposting for those at risk
- Develop and embed personalised risk management tools
- Co-produce a “depression pathway” with primary and secondary care and service users
- Ensure bereavement support is readily available for those who have lost a person to suicide
- Pilot the provision of Safe Havens
- Promote/develop apps and other digital support platforms
- Explore and embed opportunities for real time qualitative and quantitative monitoring across C&W
- Safety plan audit

Better Health,
COVENTRY AND WARWICKSHIRE SUSTAINABILITY AND TRANSFORMATION PARTNERSHIP