South Yorkshire and Bassetlaw Suicide Prevention Plan

**AIM**

To reduce suicide by 10% across SYB by 2020/21*

*Our plans will be delivered across populations in the following categories:
1/3 in contact with mental health services
1/3 who have accessed Primary Care in the last year
1/3 who have not accessed any services

**PRIMARY DRIVERS**

1. Improved support to Primary Care
   - Primary care staff empowered with appropriate training and intervention skills for suicide and self-harm awareness
   - Primary care staff able to deliver consistent bereavement support across SYB

2. Reduction in self-harm in acute and community settings
   - Encourage acute and mental health trusts to refine risk assessments, improve discharge planning and follow up
   - Introduce initiatives around medicines management
   - Improve pathways for CYP and PD patients

3. Preventative work targeting men
   - Specific focus on key risk factors
   - Awareness raising and large scale campaign
   - Reduce access to means

4. Improved real time surveillance and bereavement support
   - Collect information in real-time to understand and react to trends in the population
   - Use real-time surveillance to provide most impactful bereavement support
   - Bereavement support via community plans for high risk areas i.e. schools

**SECONDARY DRIVERS**

1. Risk assessment
2. Training
3. Medicines management
4. Refine and improve pathways
5. Research and evidence based management models
6. Develop awareness materials, inc. prisons
7. Collaborative work to reduce access to means
8. Suicide audit
9. Implement data sharing agreement
10. Manchester bereavement model or Champs
11. Regional community plan

**CHANGE IDEAS**

- Pathway development
- Risk assessment
- Training
- Medicines management
- Refine and improve pathways
- Research and evidence based management models
- Develop awareness materials, inc. prisons
- Collaborative work to reduce access to means
- Suicide audit
- Implement data sharing agreement
- Manchester bereavement model or Champs
- Regional community plan