Public Mental Health Learning Community: Workshop

Event details

Date: Monday 26th October 2026

Start time: 2.00pm **End time:** 3.00pm

Format: Virtual (Microsoft Teams)

Link to join the learning set: Microsoft Team

(**Meeting ID:** 391 440 794 590 84 | **PW:** W7bs3en9)

Background

Public mental health aims to reduce the occurrence of mental health conditions and improve mental wellbeing at the population level. The PMH Learning Community aims to support local systems to improve their PMH implementation and to create a space for continuous shared learning among clinicians, public health experts, and people with lived experience of mental health conditions.

The PMH Learning Community will also link with the learning objectives of the Royal College of Psychiatrists (RCPsych) Public Mental Health (PMH) Leadership Certification course. The certification course supports building knowledge and skills for clinicians to champion population-based approaches and become leaders in public mental health.

As part of the learning community, the Public Mental Health Implementation Centre (PMHIC) will host a series of monthly virtual events, including learning sets and workshops. For more information, please refer to our webpage Public Mental Health (PMH) Learning Community (rcpsych.ac.uk).

Purpose and aim of the events

As part of the Learning Community, the PMHIC will host a series of monthly virtual events, including learning sets and workshops.

Learning Sets

Members of the Community will be invited to attend online 'learning sets' occurring every two months, to share their experiences of public mental health practice. The virtual learning sets will be two hours long and will include presentations of projects/best practice followed by a Q&A on a selected topic proposed by a member of the Community.

Workshops

Members of the Community will be invited to attend online 'workshops' occurring every two months, to share their experiences of public mental health practice. The virtual workshops will offer additional and more informal space (to our learning sets) for members to share learning, seek advice on any challenges and bring requests for support to the Community.

Format/schedule of the event

- The event will be chaired/facilitated by Dr Megan Watkins, Head of PMHIC.

  The Chair will deliver welcome remarks and introduce keynote speakers/presenters, pose questions and facilitate discussion following each presentation.
- Presentations (external speakers):
  - Duration: 20mins (including Q&A and discussion)
  - Q&A chat function to remain live during the event | attendees to use 'raise hand' function to pose questions and share reflections - to be facilitated by Megan Watkins

Technical arrangements/support

The event will be held via MS Teams. The full set of presentation slides will be shared by PMHIC team. The technical support will be provided by the PMHIC project team at public.MH@rcpsych.ac.uk.

The Q&A session to be facilitated by Dr Megan Watkins following each presentation.

Workshop agenda and schedule

Time	Speaker	Affiliation	Topic
14:00-14:15	Dr Megan Watkins	Head of Public Mental Health Implementation Centre (PMHIC)	Welcome and introductions
14:15-14:45	Dr May van Schalkwyk	Research Fellow in Commercial Determinants of Health, University of Edinburgh	Understanding the gambling industry as a commercial determinant of health Followed by Q&A
14:45-15:00	Dr Megan Watkins		Thank you and closing remarks

Resources available post-learning set

- Event agenda and presentation slide deck
- Recording from the workshop
- Resources shared by speakers and members of the learning community

The above resources will be available on the PMH Learning Community webpage post the event.

- PMHIC Blog post – speakers are invited to produce a short blog piece following the presentation. For reference, previous blogs can be found at PMHIC blog. For more details, please contact the PMHIC team at public.MH@rcpsych.ac.uk.