Public Mental Health Learning Community: Learning Set

Event details

Date: Wednesday 19th November 2025

Start time: 10.00   **End time:** 12.00

Format: Microsoft Teams

Background

Public mental health aims to reduce the occurrence of mental health conditions and improve mental wellbeing at the population level. The PMH Learning Community aims to support local systems to improve their PMH implementation and to create a space for continuous shared learning among clinicians, public health experts, and people with lived experience of mental health conditions.

The PMH Learning Community will also link with the learning objectives of the Royal College of Psychiatrists (RCPsych) Public Mental Health (PMH) Leadership Certification course. The certification course supports building knowledge and skills for clinicians to champion population-based approaches and become leaders in public mental health.

As part of the learning community, the Public Mental Health Implementation Centre (PMHIC) will host a series of monthly virtual events, including learning sets and workshops. For more information, please refer to our webpage Public Mental Health (PMH) Learning Community (rcpsych.ac.uk).

Purpose and aim of the event

As part of the Learning Community, the PMHIC will host a series of monthly virtual events, including learning sets and workshops.

Learning sets

Members of the Community will be invited to attend online 'learning sets' occurring every two months, to share their experiences of public mental health practice. The virtual learning sets will include presentations of projects/best practice followed by a Q&A on a selected topic proposed by a member of the Community.

Learning Set agenda and schedule

Time	Speaker	Affiliation	Topic
10:00-10:15	Dr Blossom Fernandes	Research Fellow | Public Mental Health Implementation Centre (PMHIC)	Welcome and introductions
10:15-10:45	Dr Chloe Chessell Dr Holly Bear	Senior Postdoctoral Researcher | Department of Psychiatry |University of Oxford | Senior Postdoctoral Researcher | Department of Psychiatry |University of Oxford |	Increasing access to treatment for child anxiety problems: Can school pastoral staff effectively deliver and sustainably implement brief online therapist supported parent-led Cognitive Behavioural Therapy
		Break (10min)	
10:55-11.25	Laura Austin-Croft	Director of Population Health/Consultant in Public Health | East London NHS Foundation Trust	How can Public Health Consultant's role within NHS trust strengthen public mental health work | Key public mental health interventions at ELFT
11.25-11.55	Matthew Faires	Research Fellow - SPACES Programme Manager | York University	Uniting community physical activity organisations and NHS mental health trusts to support those with severe mental illness to live physically active lives: Co-SPACES
11.55-12.00	Dr Blossom Fernandes		Thank you and closing remarks

Resources available post-learning set

- Event agenda and presentation slide deck
- Recording from the learning set
- Resources shared by members of the learning community

The above resources will be available on the PMH Learning Community webpage post the event.

If you would like to present at one of our events or have any questions about the PMH Learning Community, please do get in touch with us at public.mh@rcpsych.ac.uk.