RCPsychiNI Faculty of Medical Psychotherapy Event

27 November 2026.

9.30am – 13:00 Online via Zoom or In person at The Innovation Factory, Belfast

Draft Programme

09:00 – 09:30
Registration and Refreshments

09:30 – 09:40
Welcome and Opening Remarks
Dr David Bell, Chair, Medical Psychotherapy Faculty, RCPsych-NI

09:40 – 10:00
Treatment of Personality Disorder in Northern Ireland: What is there and why think of Transference Focussed Psychotherapy?
Dr Iain McDougall, Clinical Lead, Northern Ireland Personality Disorder Managed Care Network

10:00 – 10:45
Transference-Focused Psychotherapy: Key Concepts, Strategies, Tactics and Technique
Application to personality disorder and relevance for general psychiatric practice
Dr Tennyson Lee, Consultant Psychiatrist in General Adult Psychiatry and Medical Psychotherapy, Lead Clinician DeanCross Personality Disorder Service, ELFT and Chair TFP-UK

10:45 – 11:15
Applying Transference-Focused Psychotherapy Principles in General Adult Psychiatry: Introduction of a Complex Case & Beginning Discussion
Presentation of a complex case from a General Adult Psychiatry Clinic and an introduction to how TFP can be applied in the general psychiatry and wider mental health settings
Dr Sara Maguire, Consultant Psychiatrist South Eastern HSC Trust
Dr Tennyson Lee, *Consultant Psychiatrist, Lead Clinician DeanCross Personality Disorder Service, ELFT*

11:15 – 11:45
Coffee Break

11:45 – 12:15
Continued case discussion with Q&A
An introduction to how TFP can be applied in psychiatric and wider mental health settings, with clinical illustration
Dr Tennyson Lee, *Consultant Psychiatrist, Lead Clinician DeanCross Personality Disorder Service, ELFT*
Dr Sara Maguire, Consultant Psychiatrist South Eastern HSC Trust

12:15 – 12:45
Consideration of Further Applications of TFP in General Adult Psychiatry
Dr Tennyson Lee, *Consultant Psychiatrist, Lead Clinician DeanCross Personality Disorder Service, ELFT*

12:45 – 13:00
Closing Remarks and Presentation of the Thomas Freeman Award
Dr David Bell, *Chair, Medical Psychotherapy Faculty, RCPsych-NI*

13:00 LUNCH SERVED FOR THOSE ATTENDING IN PERSON