

The PHA invites you to participate in a consultation of the proposed Mental and Emotional Health and Wellbeing and Suicide Prevention (MH&SP) Training Framework. The Framework has been developed following extensive engagement and consultation events held in 2017 and 2018. A copy of the draft framework is available by downloading from <http://pha.site/framework>

The purpose of the survey is to inform the final MH&SP Training Framework for Northern Ireland. All survey responses received will be collated and shared with the PHA Training Framework Working Group. All data will be kept for 12 months from the survey closing date.

The survey consultation will close on Thursday 12th December 2019.

1. Please indicate from what perspective you are participating in this survey

- | | |
|------------------------------|-------------------------------------|
| Community Organisation | <input type="checkbox"/> |
| Frontline Service | <input type="checkbox"/> |
| Individual (18+yrs) | <input type="checkbox"/> |
| Professional | <input checked="" type="checkbox"/> |
| Voluntary Organisation | <input type="checkbox"/> |
| Workplace Organisation | <input type="checkbox"/> |
| Young Person (14yrs – 17yrs) | <input type="checkbox"/> |

Other Please specify

2 Do you agree with the MH&SP Training Framework having a stepped approach of learning (Framework page 7)

- | | |
|---------------------------|-------------------------------------|
| Strongly Agree | <input type="checkbox"/> |
| Agree | <input checked="" type="checkbox"/> |
| Neither Agree or Disagree | <input type="checkbox"/> |
| Disagree | <input type="checkbox"/> |

Strongly Disagree

Please comment below

3. The MH&SP Training Framework has specific Aims; Principles and Themes
(page 5)

	Strongly Agree	Agree	Neither Agree or Disagree	Disagree	Strongly Disagree
Do you the Aims reflect what the MH&SP Framework hopes to achieve?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you agree with the MH&SP Framework Principles	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do the proposed Themes reflect all living and working in Northern Ireland	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please comment below

4. The MH&SP Framework is presently based on a Stepped Approach. The outline of each Step is designed to assist you in choosing the appropriate training for your individual/community/workplace learning.

Step 1 is Information Sharing on the MH&SP services available and how to access these, encouraging people to use the services and awareness of the Take 5 approach to wellbeing. Please read the information on Step 1 on page 9 and then answer each question below:

	Strongly Agree	Agree	Neither Agree or Disagree	Disagree	Strongly Disagree
To have Step 1 Information Sharing sessions	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Proposed outcomes of attending a Step 1 course	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Proposed Targeted Population i.e whole population approach	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please comment below

Awareness alone is not sufficient. Participants also need to be advised what to do – eg who to contact for advice. “Increased awareness of local and regional services available and how to access these” is included in Step 2 but not in Step 1. It also needs included in Step 1.

Who is accessing Step 1 needs to be more specific..

5. Step 2 is a proposed model of Developing Awareness and Understanding in mental health and suicide prevention. Please read Step 2 on pages 10-13 and then answer each question below:

	Strongly Agree	Agree	Neither Agree or Disagree	Disagree	Strongly Disagree
Proposed selection of ways to attend and participate in a Step 2 course e.g Group facilitated course; E-learning, Recovery Colleges	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Proposed outcomes of learning for a mental health awareness course (Pg 10)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Proposed outcomes of learning for a suicide awareness course (pg 11)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Proposed outcomes of learning of supplementary courses (pg 13)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Targeted Population i.e whole population approach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Please comment below your thoughts on a Step 2 approach

Which group goes to which course has not been sufficiently clarified. For example, within Step 2 by what measure would a person make the decision to go to mental health awareness as opposed to suicide awareness?

Both Steps 1 and 2 are "Whole population approach". How would people decide which to do? Who is accessing Step 2 and each part of Step 2 needs to be more specific.

6.2.2 should have an additional end word as follows: "Suicide Awareness courses are designed to educate individuals on suicide prevention and help increase their confidence in talking about suicide **prevention.**" - ie **NOT** about suicide per se.

Flowing from this, the first Outcome of Step 2 should be reworded to: "Increased confidence to talk openly about suicide **prevention**" An additional overall Outcome of Step 2 should be: **Increased discussion around suicide prevention as opposed to suicide awareness**

We have concerns about awareness being isolated from prevention.

Our response to Q5 re Step 2 is continued at Section 10

6. Step 3 is proposed to Enhance Knowledge Skills in mental health and suicide prevention for those working with and/or supporting others e.g in communities and workplaces. Please read Step 3 on pages 14 and 15 and answer each question below:

	Strongly Agree	Agree	Neither Agree or Disagree	Disagree	Strongly Disagree
Proposed way to participate in Step 3 training e.g group facilitated training	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Proposed outcomes following attendance and participating in Step 3 skills training	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Targeted population proposed for Step 3 training	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please comment below your thoughts on the Step 3 approach

Increased knowledge as to the means of suicide prevention must be added.

Also the definition of "Frontline" workers includes GPs. Steps 3 and 4 are said to be for "Frontline Workers". Is it intended that GPs attend Steps 3 and 4? Does this definition need to be tightened and clarified?

7. Step 4 is Specialised Skills Training for those living and/or working in a community/workplace that will need to have the required skills to intervene and help in a mental health/suicide crisis intervention. Please read Step 4 on pages 15 and 16 and answer each question below:

	Strongly Agree	Agree	Neither Agree or Disagree	Disagree	Strongly Disagree
Proposed way to participate in Step 4 Specialised Skills training e.g group facilitated training	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Proposed outcomes following attending and participating in Step 4 Specialised skills training	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Targeted population proposed for Step 4 Specialised Skills training	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please comment below your thoughts on the Step 4 approach

Who is being targeted is unclear. There are 3 Staff Groups to consider: 1. Primary Care (ie GPs, Health Visitors, Midwives etc); 2. Non-Mental Health Secondary Care; 3. Mental Health Secondary Care. For the training to achieve consistency, clear guidance on targeting is essential.

8. From reading The MH&SP Training Framework can you identify the Step(s) of training which would be most suitable for you?

Yes

No

Not Sure

Please comment below

9. Will the MH&SP Framework help to inform you on the appropriate training to attend and how to access it?

Strongly Agree

Agree

Neither Agree or Disagree

Disagree

Strongly Disagree



Please comment below

More guidance is needed as to which populations are being targeted. From Step 2 onwards, this becomes unclear.

10. Please comment below if you feel there is additional information required or any other amendments needed other than that noted above.

First to say that we were not adequately included in the development of this Framework and we ask that this be corrected going forward.

Second, there is a lack of clarity as to who is being targeted for Information Sharing, Mental Health Awareness, Suicide Awareness, the Recovery Colleges and the Supplementary Courses. We welcome the better clarity in Steps 3 and 4 as to who would participate – but ask where would Journalists fit into this?

Section 2 needs a 7th recommendation: *based on evidence and best practice*. This wording appears in Section 3.2, para 2, which we welcome.

Please clarify who would be expected to fund the 6.2.4 Supplementary courses, in order to avoid problems down the line.

Looking at Section 8, there needs to be clarity as to what level of training is expected of each type of health worker – eg GPs, MDT workers, Mental Health workers in Trusts etc. It is too general in its terms.

Response to Q5 continued: We note that back at 3.1, there is mention made of “linking with other influencing factors, in particular drugs and alcohol” – but thereafter we see very little discussion of those in the Framework. One such opportunity would be to include reference and give more emphasis in 6.2.4 to courses dealing with the impact of substance use and misuse, given its strong association with suicide, as pointed out in the National Confidential Inquiry.

Furthermore, Supplementary courses should be targeted at specific groups and not allocated a whole population approach.

6.2.2 should be labelled Suicide **Prevention** Courses in its title, in its opening paragraph and in its first bullet point for reason already explained. Also please clarify what NICE Guidelines are being referred to here.