

RCPsych Wales Addictions Conference 2026

Date: Fri 27th February 2026

Venue: Leonardo Hotel, 1 Park Place, Cardiff, CF10 3DN

Venue open from 8.30 for Registration & Poster Set Up

Morning Session

9.15am	<p>Welcome to Conference from Prof Julia Lewis</p> <p><i>This welcome will include a short address from Sarah Murphy MS, Minister for Mental Health & Wellbeing, Welsh Government</i></p>
9.30 am	<p>Updates on Buvidal Psychological Support Service (BPSS)</p> <ul style="list-style-type: none"> • Dr Lucie James Highly Specialised Clinical Psychologist, BPSS, Cardiff and Vale UHB
10 am	<p>Ketamine and the Changing Face of Substance Use</p> <ul style="list-style-type: none"> • Dr Haitham Barkouk Consultant Psychiatrist, Aneurin Bevan UHB • Dr Olu Adetian Consultant Psychiatrist, Cwm Taf Morgannwg UHB
10.45 am	Coffee break
11 am	<p>ADHD and Addiction</p> <ul style="list-style-type: none"> • Prof Adam Winstock Honorary Clinical Professor, Institute of Epidemiology and Health Care, University College London
12 pm	Lunch break
Afternoon Session	
1 pm	<p>Keynote Presentation</p> <ul style="list-style-type: none"> • Prof David Nutt Professor of Neuropsychopharmacology, Imperial College London

	<i>This presentation is given in tribute to Prof Jan Melichar</i>
2 pm	Substance Misuse in Older Adults, Assessment and Management <ul style="list-style-type: none">• Dr Jaya Ramachandran Consultant Psychiatrist, Swansea Bay UHB
2.45 pm	Coffee break
3 pm	'Slots of fun: The Psychology of Behavioural Addiction' <ul style="list-style-type: none">• Prof Mark Griffiths Professor Emeritus of Behavioural Addictions, Nottingham Trent University
4 pm	Dylan Thomas and his relationship with Alcohol <ul style="list-style-type: none">• Prof Julia Lewis Consultant Psychiatrist, Aneurin Bevan UHB Chair of the Faculty of Addictions Psychiatry, RCPsych Wales
	Poster Presentation Awards
	Conference close and thanks