



Eastern Division: StartWell Event Tuesday 5 October 2021

13:00 – 17:00

Online via Zoom

StartWell 2021

- 12:30 – 13:00** **Registration**
- 13:00 – 13:15** **Introduction to StartWell**
Dr Ashish Pathak, StartWell Lead, Eastern Division
Clinical Tutor, Essex Partnership University NHS Foundation Trust
- 13:15 – 14:15** **Session 1: Integrating Public Mental Health in Training and Practice**
Dr Subodh Dave, Dean
Royal College of Psychiatrists
- 14:15 – 14:30** **Break**
- 14:30 – 15:30** **Session 2: The Wellbeing Committees Top Priorities**
Dr Mihaela Bucur, Associate Registrar for Wellbeing and Retention
Royal College of Psychiatrists
- 15:30 – 15:45** **Break**
- 15:45 – 16:45** **Session 3: Starting well as a Consultant Psychiatrist**
Dr Asif Zia, Executive Director of Quality and Medical Leadership
Hertfordshire Partnership University NHS Foundation Trust
- 16:45 – 17:00** **Feedback & Close**
Dr Ashish Pathak, StartWell Lead, Eastern Division

The Conference Committee reserves the right to change the Programme without prior notice

CPD
credits
Subject to peer
group approval

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