

# QUALITY IMPROVEMENT PROJECT: IMPROVING NEW TRAINEES' KNOWLEDGE AND CONFIDENCE REGARDING COMMON ON-CALL SCENARIOS

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Mental Health**  
NHS Foundation Trust

## INTRODUCTION

Psychiatry can be a completely new area of practice for trainees rotating to the specialty. Previous trainees identified a need for practical teaching regarding common on-call clinical scenarios.

## AIMS

Following a pilot project in the previous academic year, the aims of this project (Aug 2022 – April 2023) were:

1. To deliver induction teaching sessions to prepare the new doctors for their clinical and on-call work
2. To evaluate the effectiveness of the teaching and identify any ongoing areas for improvement.

## METHOD

Higher trainees delivered the teaching sessions, as part of new trainees' mandatory training at each rotation.

Prepared scenarios:

- Self-harm risk assessment
- Consideration of Section 5(2) use
- Rapid tranquilisation prescribing
- Alcohol withdrawal management

were chosen based on common scenarios which the trainees felt they would have lacked confidence in as a new doctor to psychiatry.

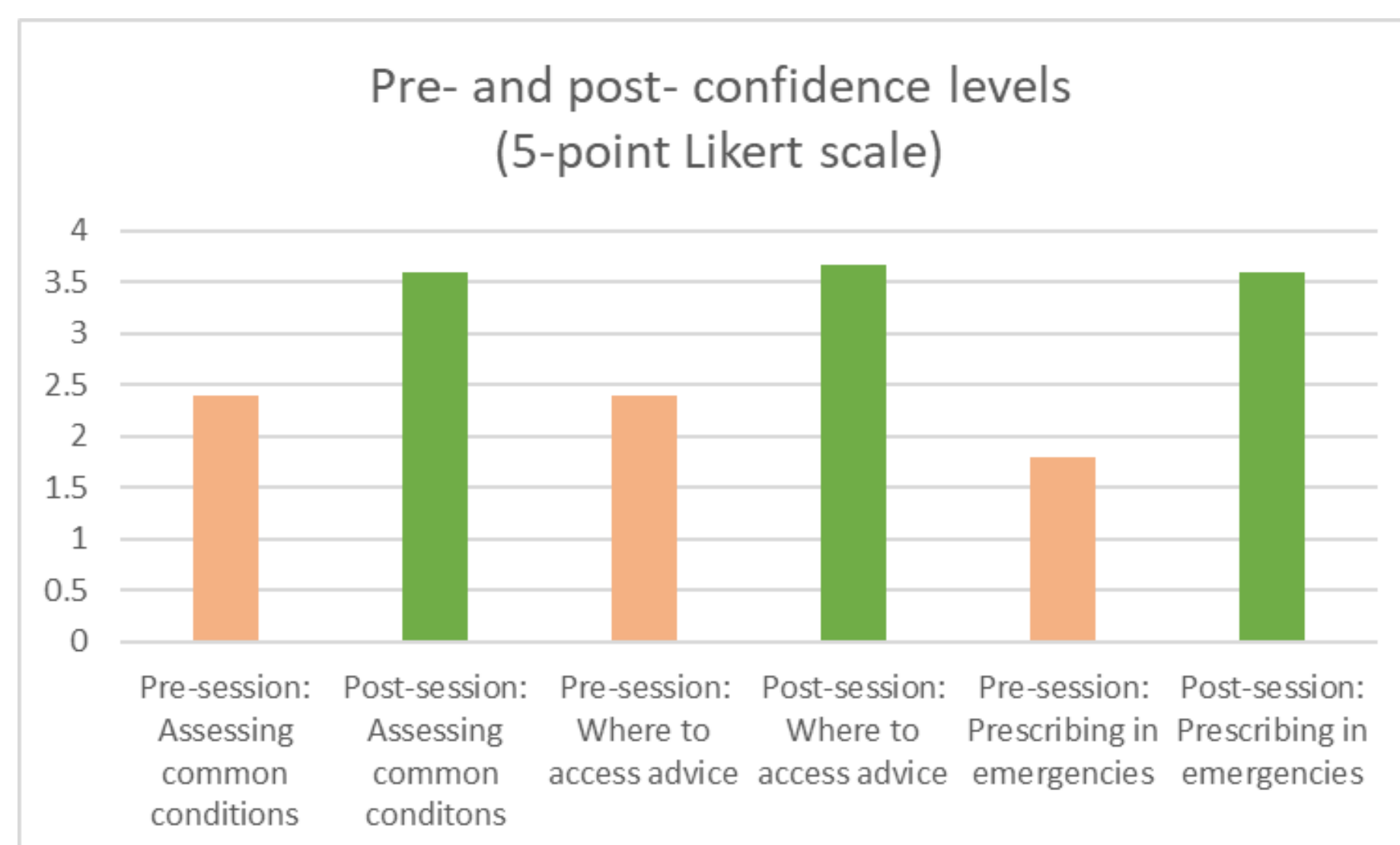
“Scenarios were linked to real life and generated a good discussion”

“Interactive and informal which made it easy to contribute ideas without any pressure”

“Useful to have a range of grades present to learn from each other”

## RESULTS

21 participants (FY, GP and CT trainees)  
August and December 2022 rotations



## IMPROVING

The scenarios have been updated to aid delivery of the sessions by other trainees, and are now part of the mandatory induction training four times a year. Attendees highlighted a lack of teaching around seclusion policy; this topic has been built into one of the scenarios.