



**Royal College of Psychiatrists in Scotland
Faculty of Liaison Psychiatry Business Meeting
Wed, 7 Jun 2023 Apex Hotel Edinburgh**

notes

1. In attendance

Prakash Shankar; Niall Campbell; Robbie Steele; Emma Leighton; Sara McNally; Tom Leung; Laura Havens; Karim Rajput

2. Apologies

Murray Smith

3. Reflections on previous minutes

No changes.

4. RCPsych networking

- Mental Health Assessment Units/Hubs (MHAU)

The experiences of MHAU were varied. NC reported that the situation on the Borders was influenced by poor resourcing and having psychiatry staff would help defuse challenging situation. It can be difficult overnight when staff are busy with back-to-back assessments. PS acknowledged inequity of service provisioning and GGC appears to be only board able to sustain the model post Covid.

EL reiterated the difficulties when the referrer is unclear about the best destination for the patients to be re-directed from ED. RS informed that his experience of working with the unscheduled services suggests that the direction of travel seems to be more integrated council/HSCP led, multidisciplinary agency hubs. Physical health parameters in ED are subject to 4-hr standards but mental health is not, and no data is being gathered as to waiting times. Perhaps having similar standards for MH might reduce the resource inequity. The 'tartanisation' of FROM-LP- (Framework for Routine Outcome Measurement in Liaison Psychiatry) might be an option. It seems according to work undertaken by Dr Roger Smyth in Lothian the admin workload will be challenging especially when there are limited national incentives. PS felt it is worth further exploration by taking on a four-nation

approach and linking to national strategies to help streamline the efforts undertaken so far.

RS agrees that standards can be a useful lever for funding as seen in the development of CAMHS services. PS hoped that the recent liaison survey highlighted significant variations across Scotland and builds the case for augmentation of Liaison services.

5. RCPsych networking

PS went on to briefly highlight the other areas of work Liaison faculty has been contributing towards:

- New Suicide Prevention Strategy (Scottish Government and COSLA)
- Scottish Self-harm strategy development
- Scott Review of Scottish Mental Health Act
- Mental health and wellbeing strategy
- Quality standards and outcomes
- NCS
- Assisted Dying Bill
- [CoMorMent](#)-(The EU-H2020 funded project) – The Annual event in Estonia between (18-19 June) that PS planned to attend.

6. National consultations

- Development of National Liaison Strategy
- Progress from Liaison Survey- linking with next iteration of LPSE.
- Safe patients and high-quality services
- Integrated psychological medicine.
- Limiting use of Criminal Sanctions

7. Faculty committee

- Faculty committees

Patient rep Emma McAllister will be invited to future meetings and link with Matthew James (RCPsychiS Policy Officer) to keep faculty updated.

8. Ideas for next year and forthcoming meetings

Assisted dying bill – Explore speakers- Steve Potts/Rachel Ruddy.
Social media usage and influencers- Explore with Media team- Laura Varney
Novel agents/Esketamine/Medical Cannabis– Donald Macintyre
Lived patient experience – mental illness/mental health- Em/Vox
Frequent attenders – Annette Cosgrove/ Wojcik Wojtek

Sara McNally suggested - ASD ADHD neurodevelopmental disorders.
Psychopharmacology- Siobhan Gee- Lead specialist Maudsley.

9. AOCB

Poster prize winners: Emma Leighton and Heather Boagey “Prescription patterns, feasibility and safety of rationalising antiepileptic medication in people with dual diagnosis of epilepsy and psychogenic non-epileptic seizures”.