**Minute of the SCOTFED Meeting held on Friday 17th August 2018 in the Eden Unit, Royal Cornhill Hospital, Aberdeen**

**Present:** Jane Morris Stephen Anderson Phil Crockett

**Via VC:** Alison MacRae Richard Taylor

Heather Ireland Katherine Morton Katharine Logan

**Via Speakerphone:** Sara Preston

**Apologies:** Calum Munro Ian Clarke Louise Johnston

Shiona MacDonald Kandarp Joshi Caitlin Napier

1. **Welcome and Introductions**

Introductions were made and JM thanked everyone for helping to turn SCOTFED into a faculty and for all their help over the past couple of years. She then handed the meeting over to the new Chairman – Dr Stephen Anderson.

SA thanks JM for her hard work as Chair of SCOTFED and introduced himself to the group. He asked if we needed a Carer rep for the group and SP agreed to ask around her contacts to ascertain any interest.

1. **Minutes of the previous Meeting**

Caitlin Napier has agreed to be the trainee representative on the group. LK to email Rachael Smith to ask about the CAMHS representative.

**ACTION: LK**

LK to email Amrithra Sastry to ascertain if she was still eligible to be a student representative and if not could she suggest anyone else.

**ACTION: LK**

**Staffing Survey**

SA reported that there were vast differences between the services and that they all do different things so very difficult to pull it together. He will speak to KL to see if she would be willing to have a look at the results.

**ACTION: SA/KL**

1. **Links with other bodies:**

**Royal College of Psychiatrists in London (Faculty of Eating Disorders)**

JM and SA attended the Faculty Strategy Day. There was a lot of talk around other Conferences that had taken place such as the Welsh Conference which had been excellent but only reached a few people. There was a lot of discussion around credentialing.

There has been a lot of new developments of CPD online.

Rhys Jones is leading the MARSIPAN Group and will be sending out a survey soon – looking at a MARSIPAN Care Pathway. What has been sent out so far has been criticised by some Physicians who felt a lot of it was out of date/out of sync with current practices. There are also the differences between England and Scotland to be considered. The psychiatric parts appear to be okay but there were issues around “severity” and where patients are managed. Colleagues are encouraged to complete the survey when it is distributed in order to inform the care pathway.

There was discussion around Workforce and Recruitment and the recent Social Media campaign – Choose Psychiatry.

**Edinburgh (Scottish Executive)**

This took place on 16.08.18 and there were 3 topics discussed and the recent PD report (which included a section on ED). The college are currently working out how to lobby this report.

There was confusion over whether the PD Network was still in existence as John Crighton and John Mitchell did not seem to be aware of it. RT confirmed it was very much in existence and has some funds. They have just held a scoping event and it has a new website which is currently under construction, although he did admit that there had not been a lot of network activity recently. JM asked RT to email John Crighton and John Mitchell to let them know this as they did not appear to be aware.

**ACTION : RT**

Devolution - Discussion took place around what a devolved College would look like.

Recruitment and Retention - Tom Brown is undertaking a survey of working/non-working psychiatrists. There is a feeling that we are losing medical students and doctors and people are retiring earlier.

FY1 Ones appear to be putting people off psychiatry they are being relied on to be medics in the team without proper supervision and are not getting a true psychiatric experience. Further discussion took place surrounding possible solutions to this problem.

It was also noted that people can apply for Consultant posts without being registered with the College – you don’t have to be a current member to apply for such posts.

**Personality Disorders**

A great deal of discussion took place surrounding Personality Disorders and it was wondered whether a SIGN Guideline for PD might be of interest.

There is a lot of work going on across the country on identifying new ways of working and it was agreed that a flexible approach was key.

It was agreed that this might be a topic for the next SCOTFED Conference.

**CAMHS**

No feedback available.

**SEDIG**

RT attended the last meeting. There was a Parliamentary Reception held in June and Claire Haughey attended. This was hosted by Emma Harper MSP. SEDIG are working with Emma to present to the relevant committees.

SP stated that the Cross Party Group for MH are currently open for topics for discussion and she has put in a letter to present at a future meeting but has not had a response yet.

**EEATS**

The next Supervisor training is on 14.09.18 in Edinburgh and there is a Trainees day being held on 07.12.18. JM will present on PD at the Supervisor day.

EEATS are also looking at hosting CBTE training (Prof Chris Fairburn) in Spring 2019 and are in the early stages of negotiating this.

1. **SIGN Guideline**

The ED proposal has been through the 1st stage. There is a concern from SIGN that a guideline to cover all ED may be a bit ambitious and therefore want to meet to discuss this further before the next SIGN Council meeting.

There was a general feeling that people did not want the guideline to be split into smaller sections but hopefully the meeting will make things clearer with regard to exactly what they are looking for. Further discussion took place around what people felt a guideline should include/exclude.

1. **QED Standards for OP Services**

SA explained that these had been sent out for consultation in June but unfortunately were not sent to anyone in Scotland. The closing date for feedback is today but if anyone wants to put in feedback please send it to SA in the first instance.

1. **AOCB**

BEAT Campaign – SP stated that a FOI request had been sent to medical schools and the results have shown that, on average, medical students receive a maximum of 2 hours teaching on eating disorders throughout their training. Following on from that BEAT met with the GMC and they are keen to meet with the Scottish GMC as well to take this issue forward.

Discussion took place regarding medical students suffering from ED. PCrock felt that Aberdeen, in particular, seemed to have a high prevalence recently and felt there was an unhealthy competitive sub-culture in Aberdeen. KL suggested it was possibly worse with Veterinary students. PCrock to meet with a colleague to discuss further and then possibly approach the medical school.

KL to try and find out how they manage the problem in Medical Schools including pre course screening. Possibly a survey to look at Universities and how they deal with the issue is required. PCrock and LK to work on this together.

**ACTION PCrock/KL**

SA thanked Dr Jane Morris again for her all her hard work.

1. **Date and Time of Next Meeting**

Friday 23rd November 2018 at 11.00 am