

## From the Chair of the Royal College of Psychiatrists in Scotland

## 18 May 2023

The Royal College of Psychiatrists in Scotland and the Mental Health Foundation have worked together through Scotland's Mental Health Partnership.

We are delighted to hear of and support their bid for funding to co-produce a stigma survey for young people (16-25) who have experienced stigma and discrimination because of their long term mental health conditions. We know that stigma and discrimination can cause harm way beyond successful treatment and management of the condition.

The Scottish Mental Illness Stigma Study threw into sharp relief the ongoing stigma and discrimination of those with long term mental health conditions and this survey would build on that knowledge, ultimately allowing us to continue to fight the devastating impact of stigma for and with our young people.

With my very best wishes,

Lenda Frolle

Yours sincerely

**Dr Linda Findlay** 

Chair of the Royal College of Psychiatrists in Scotland