

# No Wrong Door

The RCPsych in Scotland's policy priorities  
in a few words...

We call on all political parties  
to recognise there is no health  
without mental health, and to  
embrace policies that move us  
towards parity of esteem between  
physical and mental health, and  
ensure there is **no wrong door**  
**for all our diverse communities**  
to accessing the right care, in  
the right place, at the right time  
for mental ill health.

# the challenge

- Help a population which has faced the trauma of a global pandemic face a resulting spike in mental ill health.
- Work to deliver a mental healthcare system that ensures people with all forms of mental ill health access the right support, in the right place, and at the right time.

# how we can meet this challenge

## **We call for all political parties to commit to:**

- By 2022, a multidisciplinary mental health workforce plan that provides the staffing needed across different settings to provide care at the point of need.
- By 2026, use 1% of what we spend on health to support the mental health of our young people through Child & Adolescent Mental Health Services (CAMHS).
- A public health-led approach to addressing drug and alcohol addictions, including access to care and treatment for those with a dual diagnosis.
- Guarantee mental health receives its share of Covid health funding, and that there is a longer-term assessment of what funding is needed to provide the right care, in the right place and at the right time.