

## Minutes of the SCOTFED Meeting held on 29<sup>th</sup> June 2017 in South Lodge, Royal Cornhill Hospital

**Present:** Jane Morris (Chair), Phil Crockett , Lesley Pillans, Jessie (Physicians Assistant Trainee)

**Via Videoconference:** Heather Ireland, Nick Dunne, Alison MacRae, Anoop Devasahayam, Vytautas Blazys

**Apologies:** Kandarp Joshi (Treasurer), Tony Polosi, Lesley Dolan, Katherine Morton, Stephen Anderson (Vice Chair), Joy Olver, David Osborne

1. JM welcomed everyone to the meeting and made introductions.
2. **Apologies** – see above
3. **Minutes of Previous Meeting** - Accepted as a correct record. Minute to be submitted to the Royal College of Psychiatrists in Scotland.

Caitlin Napier has agreed to attend as the new trainee representative. JM thanked Heather Ireland and Louise Johnston for their participation in the group.

4. **Matters Arising** – LK to email K Logan to ask if any progress had been made regarding a GP representative.

**ACTION: K Logan/LK**

Heather Ireland is still interested in taking up a seat on the SEDIG Committee but it will probably be after the Summer before she will be in a position to take this on.

The Summer meeting planned in Edinburgh will probably now have to be an Autumn meeting and hopefully further details regarding this will be available later in the meeting.

All other matters arising are covered under the main agenda.

5. **Links with other bodies and feedback from these**

### **Royal College of Psychiatrists in London**

JM will be attending the Strategy Day next week. Dasha Nichols is very active as Chair of this group. PCr and Tony Winston have developed a Guideline for ED Transitions which has been edited by JM. It will be going to the Committee in the Royal College in 2 weeks time for approval.

### **Scottish Executive**

JM attended a meeting recently. Alistair Cook has now left and John Crichton has been appointed as the new President. Karen Adie is unfortunately on long term sick leave.

#### CAMHS National Steering Group

ND advised that the Tier 4 CAMHS Network are currently involved in a final gateway review with the Scottish Government. It was reported that NHS Highland have gone from having an average of 8 in-patients to 0 in two years.

The CAMHS National Steering Group will now be chaired by Rachael Smith and held their last meeting in April which was attended by Maureen Watt. AD advised that Huntercombe are not yet part of this Steering Group and asked whether this was something they could join in with. ND is to let Rachael Smith know that they have expressed an interest and AD is to email Rachael.

**ACTION: ND/AD**

#### Scottish Government Mental Health Strategy

It was noted with disappointment that there was only 1 item which explicitly mentioned Eating Disorders.

#### SEDIG

The annual Carers Conference was held on 4<sup>th</sup> March 2017 in Edinburgh and was very successful.

SEDIG are currently looking at a new strategy and their aims and objectives include a larger media presence on social media. Their next Conference will take place on 17<sup>th</sup> November and they have secured Dasha Nicols to present. The Scottish Research Network meeting will take place during the afternoon of this Conference.

SEDIG are joining the BEAT Awareness walk along with BEAT in Edinburgh on the 2<sup>nd</sup> of September.

#### EEATS

Since the last meeting EEATS held a very successful and well attended Medical Management Training Day in Edinburgh.

The next Supervisor's Day is taking place on the 6<sup>th</sup> of October in Dundee and a presentation on "How to supervise a trainee who has a patient with Borderline Personality Disorder".

Have lots of new Scholarships and are hoping to hold a training course on Mentalisation Based Training (MBT) next year which is currently in the early planning stages.

#### Proposal for National MCN for Eating Disorders

JM thanked everyone who made contributions to this. After what seemed like a very successful meeting with Jim Cannon & Mike Winters and after looking at all the feedback they have decided not to take this forward currently.

JM and LK are currently trying to schedule a meeting with Malcolm Wright & Maureen Watt.

### **NICE Guidelines**

These have now been published and it was noted that there are some good and some significant advances however, are generally not felt to meet the needs of Scottish Eating Disorder patients and their families particularly from the point of view of Service provision. ND felt it would be helpful to have a further meeting with Fiona Duffy to discuss this.

### **6. SIGN Guideline Proposal**

JM was approached by Fiona Duffy. LK, JM & FD have looked at the SIGN proposals. FD & JM felt that it would be good to have feedback from the group regarding this. BEAT are happy to support as are the MCN and SEDIG. It was suggested to approach Jenny Bennison for GP Representation.

It was thought that it would be helpful if CAMHS could have a further meeting with FD regarding this.

### **7. Annual Conference**

The first Annual SCOTFED Conference will be held at the Edinburgh Training and Conference Venue on Friday the 13<sup>th</sup> of October and will cost approximately £70 per person to attend. Clinicians should register their interest in attending Catherine Calderwood has been invited to be the Keynote Speaker. Presentations will explore ED Services across Scotland and explore what each service offers. There will be some scholarships available for medical students. Conference detail and further information will be available on the Royal College website.

(<http://www.rcpsych.ac.uk/workinpsychiatry/divisions/rcpsychinscotland/meetingsandevents.aspx>)

### **8. AOCB**

#### **British ED Association**

SA represented the group at a meeting called by Dasha Nichols where they discussed setting up a British Eating Disorders Association. There are currently 2 vacancies of their management committee and SA has been nominated to join this committee.

A website and social media presence has been set up. PCr felt that it is important to have a Scottish voice on this and SA is happy to volunteer.

#### **Heather Ireland's Supervision Group**

Heather currently meets with Lesley Dolan, Shiona McDonald, Peter Carr & Louise Johnston around 4 times a year usually on a Thursday morning at 11:30am and asked that anyone who is interested in joining in on these supervision meetings should email her. The next meeting will be due to take place around the end of August.

**Date & Time of Next Meeting – Thursday 21<sup>st</sup> September at 12:30pm.**