

**SCOTFED (Faculty of Eating Disorders,  
Royal College of Psychiatrists in Scotland)  
Report to College, October 2017**

**Meetings**

ScotFED held its most recent Faculty meeting on September 21<sup>st</sup> from Aberdeen, using video and audioconferencing facilities as usual to reach members across the country. The minute of that meeting is available on the College webpage. Stephen Anderson and I also represent Scotland on the UK College Faculty (FED), which met in Prescott Street on October 20<sup>th</sup> and brought together for the first time the reps from the Celtic Nations – Wales and Northern Ireland are interested in developments in Scotland. The Welsh rep, Jacinta Tan has invited us to help inform a Service Review of ED services across Wales. Meanwhile, we hear that NHS Glasgow plans to conduct its own review of adult eating disorders services.

Our group expressed interest in the current Personality Disorders working group under the leadership of Psychotherapy Faculty and plans to represent the important comorbidities in our patients.

**People**

We celebrated the recent appointment of Dr Heather Ireland as Consultant and Team leader in the Highland Eating Disorders Service, where she succeeds her late mentor Yvonne Edmonstone.

Dr Calum Munro announced his retirement from the NHS where he has been synonymous with Edinburgh's ANITT for many years. He assured us that he will continue to work in this specialty in private practice and will remain active in ScotFED.

We were saddened by the unexpected death of Prof Chris Freeman, one of the key figures in establishing Eating Disorders expertise and services. I have attached a memorial article which was requested for the FED newsletter. His Scotsman Obituary may be read online. Chris's family and colleagues organised a moving Memorial Service on Friday 13<sup>th</sup> October in the Playfair library. Many members of ScotFED attended.

**Training and Conferences**

Ironically, the first ScotFED annual day conference was to have taken place on Friday 13<sup>th</sup> October in Edinburgh. This was postponed to allow delegates to attend Chris's Memorial, and will be rearranged for the new year. The theme is Scottish ED Services through the lens of Realistic Medicine.

**Proposal for a SIGN Guideline on Eating Disorders**

This has been submitted to SIGN Council by myself and Dr Louise Duffy, Chair of SEDIG, with support from many professional and lay bodies

Jane Morris (Chair)