

Sustainability, Climate Change and Mental Health Conference

22nd Oct 2021

Royal College of Psychiatrists Wales & BJPsych Bulletin

Welcome & Introduction to Morning Session

Delyth Jewell MS - Plaid Cymru, Spokesperson for Climate Change, Energy & Transport

10.30

Remote Working: Lived Experiences & Recommendations for a Future Dynamic Workforce

Gemma Johns

Research Lead, Technology Enabled Care (TEC) Cymru

Prof Alka Ahuja MBE

Clinical Lead, Technology Enabled Care (TEC) Cymru

10.40-11.00

Putting the community in the driving seat

Ian Thomas

Welcome to our Woods / Create Your Space / Skyline

11.00-11:15

Climate anxiety and Action

Poppy Stowell-Evans

Youth Climate Ambassadors for Wales

11:15-11:30

Updates from RCPsych Planetary Health and Sustainability Committee and the EcoCAMHS group

Dr Kathryn Speedy

Sustainability Scholar, Royal College of Psychiatrists

11:30-11:45

Healthy Air Cymru

Haf Elgar

Director, Friends of the Earth Cymru & Vice Chair, Healthy Air Cymru

11:45-11:55

Summary of Morning Session

Delyth Jewell MS - Plaid Cymru, Spokesperson for Climate Change, Energy & Transport

11.55-12.00

Lunch (12 – 12.45)

Welcome & Introduction to Afternoon Session

Delyth Jewell MS - Plaid Cymru, Spokesperson for Climate Change, Energy & Transport

12.45

Call on Welsh Government

Ollie John, Manager, Royal College of Psychiatrists Wales

12.50-12.55

Creating lasting impact - using the power of literature to explore our understanding of the Climate Emergency and inspire change

Lleucu Siencyn

Chief Executive, Literature Wales

12.55-1.10

Young People Advisory Panel Debate: COVID-19 & the Environment

Members of the TEC Cymru Youth Advisory Panel

Ebony & Abbie from Brynteg School, Ansh from The Cathedral School

1.10-1.30

BJPsych Bulletin Special Issue – Climate and Mental Health

1.30-3.00

Introduced by Dr Cate Bailey

BJPsych Bulletin Editorial Board Member, SPR in Old Age and General Adult Psychiatry, North East London NHS Foundation Trust and MD(Res) MHRUK Scholar at IOPPN

Eco-anxiety isn't an illness

Anouchka Grose

Writer and Psychoanalyst

Silver linings: how mental health activists can help us navigate wicked problems

Dr Neil Armstrong

Stipendiary Lecturer in Anthropology, University of Oxford

Unequal effects of climate change and pre-existing inequalities on the mental health of global populations

Dr Shuo Zhang

Specialist Registrar in Child and Adolescent Mental Health and Honorary Research Associate, King's College London

The College's Work on Sustainability

Dr Adrian James

President of the Royal College of Psychiatrists

3.00-3:15

Summary & Closing

Delyth Jewell MS - Plaid Cymru, Spokesperson for Climate Change, Energy & Transport

3.15-3.30